

CHECK OUT the
March/April issue of
Lifeline for "How OA
Changed My Life."

Lifeline

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Weekly

The Search

Deep within my soul is an emptiness, a longing, a loneliness that will not be stilled, cannot be ignored and has not been answered.

At first I thought if I could just love another human being and he could love me, the loneliness would disappear. So I married a wonderful man. Then the loneliness returned, and I knew the problem was the aching emptiness within myself.

"If only I could have children and love them and pour myself into them," I thought, "maybe I could banish this emptiness."

So I had children and for a while it was enough. Then, as before, the loneliness returned.

"Maybe if I have enough religion," I mused, "the emptiness of my soul will be filled."

So I went to church and kept all the rules and followed the prescriptions. But I again felt that surge of emptiness deep within and knew this was not "it" either.

Finally, I thought if I could just rise to the top of my profession

that would still my aching soul. So I worked long hours and reached the heights of success. But eventually I knew success wasn't the answer.

I know now I will never find what I am searching for outside of me, because I am searching for myself. Sometimes I wonder if this longing was built into me to keep me pressing on; maybe without the search there would be no growth.

— Lifeline, March 1987

Overeaters Anonymous
www.aa.org



Inspiration

Abstinence and recovery are becoming less and less about the food and more and more about living the promises!

— Lifeline,
August 2008

OA SPOTLIGHT

Registration
for the 2013 World
Service Convention
"Recovery to Rock Our
World" is now online at
www.aa.org/world-service-events/world-service-convention/.

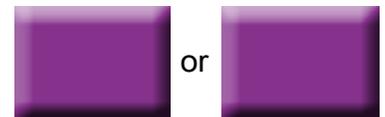
A Call To Service

Anonymous says, "I recently committed myself to doing more service because I wanted the sparkle I saw in the eyes of OA members who did service. They surmounted their difficulties with peace, joy and laughter, so greed for what I wanted got me into doing service . . ."

How will you serve this week?

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