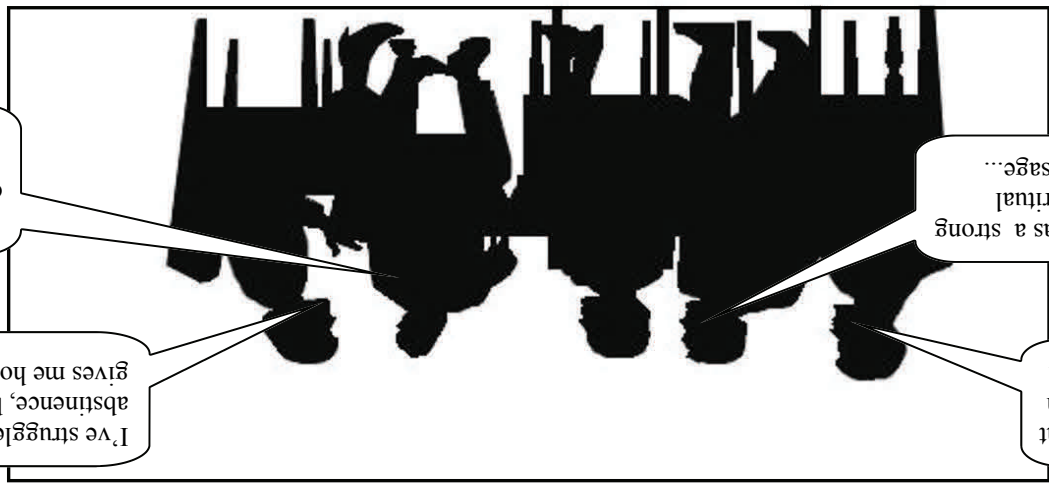


OA South and East England Intergroup seeks members to give Chairs on recovering from relapse, preventing relapse, and maintaining recovery



I heard the benefit of sharing a simple plan of eating.

There was a strong spiritual message...

I've struggled to keep my abstinence, but this chair gives me hope!

I was reminded that the solution lies in working the steps.

Have you...
 ...worked the Twelve Steps of OA?
 ...a working knowledge of the Traditions?
 ...at least six months of current abstinence?
 ...physical recovery?
 Are you willing to travel to share your Experience Strength and Hope?
 Then email:
12thstepchair@oasouthandeastengland.org.uk
 indicating how far you can travel.

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