

COMING UP in the
August Lifeline,
what the promises
mean for OAers

Lifeline Weekly

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A Fish Tale

I am sitting in a garden in Hong Kong beside a pond, watching brightly colored carp swim back and forth. They move gracefully and freely.

At first I envied them. Then I noticed one poor fish whose body was so warped and twisted that it could only swim circles around a clump of bamboo. As I watched this fish, I saw myself as I used to be: sick, warped and swimming circles around my compulsion because I was afraid to break away.

I realize now that I don't have to envy the beautiful fish—I am like them! God has given me the opportunity to move through life gracefully and freely. Today I can truly say that my compulsion has been removed.

I am here alone; yet I am not alone because my Higher Power is beside me, cradling me when I get too fearful and pushing me on when I'm strong enough. So many wonderful things have happened to me in

the last five days, that I know God has much more planned for me than I could ever dream for myself.

I've been able to go to OA meetings here. The love and fellowship I've experienced is no different than in my home group in Tokyo, and I expect to find more of the same in Vancouver, the next stop on my journey. Look out world, here I come.

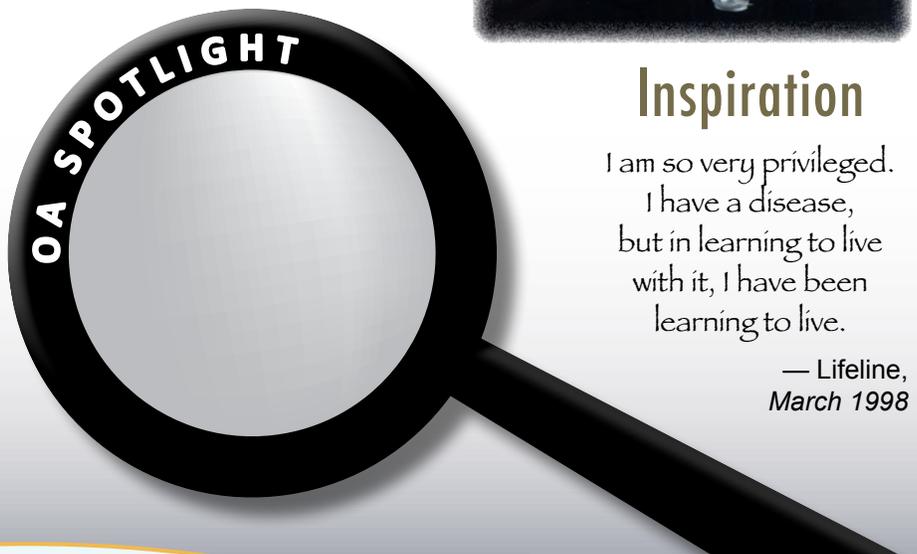
— Lifeline, July 1987



Inspiration

I am so very privileged. I have a disease, but in learning to live with it, I have been learning to live.

— Lifeline,
March 1998

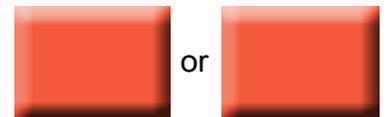


A Call To Service

Anonymous says, "The thing I like best about service is that it makes it easier for me to use the other tools. In the course of service, I usually use them all."

How will you serve this week?

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