

INTERGROUP AND AGM MINUTES

Saturday 9 January 2016 (2-5pm)

The Boardroom, Lower Ground Floor, Chelsea & Westminster Hospital, Fulham Road, London SW10 9NH

IG Officers		
IG Officer	Name	Email
Chair	Caroline	chair@oasouthandeastengland.org.uk
Executive Secretary	Rachael	secretary@oasouthandeastengland.org.uk
Recording Secretary	Laurie	rec.secretary@oasouthandeastengland.org.uk
Treasurer	Mayu	treasurer@oasouthandeastengland.org.uk
12th Step Within Committee Chair	Juliet	12thstepchair@oasouthandeastengland.org.uk
Outreach Committee Chair	Angela	outreachchair@oasouthandeastengland.org.uk
Website Officer	Vacant	web@oasouthandeastengland.org.uk
Telephone Officer	Juliet	telephone@oasouthandeastengland.org.uk
Region 9 Officers	Francene	region9@oasouthandeastengland.org.uk
	Holly	
World Service Delegate	Holly	worldservice@oasouthandeastengland.org.uk
IG Reps		
Meeting Description	Name	
London (Soho) W1D 3HZ, Sun 10.30	Denise	
London (East Finchley) N2 8LT, Sun 11.00	Belinda	
Stevenage, The Living Room, SG2 0DJ, Sun 14.30	Nita	
Reading, Theale, Berkshire RG7 5AS, Sun 19.00	Shelley	
Reading, Berkshire RG1 4BW, Sun 20.00	Kathleen	
London (Eltham) SE9 3SD, Mon 20.00	Sharon	
Beaconsfield HP9 2JW, Mon 19.30	Dee	
London (Spitalfields), E1 5JQ, Tues 07.30	Lea	
Milton Keynes MK12 5TH, Tues 19.00	Jo	
London (Barbican) EC1Y 8PN, Tues 19.30	Gill	
London (Bethnal Green) E2 9PL, Weds 19.00	Jennifer	
Borehamwood, Herts WD6 3PJ, Weds 20.00	Gregory	
Reading, Berkshire RG2 7PW, Fri 19.45	Linda	
Greenwich, Sat 08.30	Odele	
London (Wimbledon) SW19 1SB, Sat 10.00	Danielle	

IG Visitors None

Agenda items	Action Points
<p>Meeting opened 2.00pm by Chair with a moment of silence for the still suffering compulsive eater followed by the serenity prayer</p> <p>The Chair welcomed IRs attending for the first time and Exec Sec ensured they had a newcomer pack.</p>	

Agenda items	Action Points
<p>some do have meeting contact details on the meetings list. It's a pending job for these two lists to be correlated. Caroline (Chair) also asked if any members can access meetings that need support that we do so.</p> <p>Recording Secretary: Addition: all 2015 minutes are now on the website (anonymized) and Rec Sec now has access to the IG DropBox facility. No questions.</p> <p>Treasurer: Addition: Regarding the bank mandate two previous officers will be removed as bank signatories. The new Treasurer, Exec Sec and Chair are to be added as bank signatories. The previous Treasurer to be removed as bank signatory at the end of handover with new Treasurer.</p> <p>Treasurer asked for any invoices that have not been paid to be given to her as soon as possible.</p> <p>Question : regarding the item marked TBD, what is this about? Treasurer: it is 'To be determined' and all the TBDs have now been actioned</p> <p>Outreach Committee Chair: No additions. No questions.</p> <p>12th step within committee chair: No additions. Question: The chair of the committee is stepping down, has the committee elected a new chair? No one is able to stand at the moment so we will have a rolling chair until a new chair is elected. Therefore if members know of anyone or are interested please inform the committee. Requirements are 6 months abstinence; attendance at two IG meetings; be working the 12 steps and active in an OA home group. Question: Can someone from the outreach committee who meets the requirements take that post? Current Chair: Yes if they meet requirements.</p> <p>Website Officer: Web Officer has resigned since last IG. Addition: We are looking for a Web Officer. This is on the IG agenda. In the meantime the Web Committee is maintaining the website</p> <p>Newsletter Officer: Absent. Addition: It was previously agreed at IG but not minuted that the Newsletter Officer will write and share with IG a schedule for: when the Newsletters will be distributed and the corresponding deadlines for content submission. No questions.</p> <p>Telephone Officer: Addition: it is really important for all meetings in the IG to have contact details listed on the OA website as the telephone officer receiving meeting specific enquiries e.g. for directions for the meeting which they are unable to respond to. Telephone Officer asked that IG reps check the details for their group on the website and that the person listed is able to take calls and respond to enquiries. No questions.</p> <p>Region 9 Rep: No additions. No questions.</p> <p>World Service Officer: Addition: One of the WSOs has resigned this position since last IG due to newly assumed Chair commitments so Holly is now first delegate and election of a second delegate is on the IG agenda. No questions.</p>	<p>Treasurer to arrange for the amendment of the bank mandate in accordance with these minutes</p> <p>All IG members to ensure any outstanding invoices etc. are presented to the Treasurer as soon as possible</p> <p>Any members interested in the position of 12th step within committee chair to make themselves known to the committee</p> <p>Newsletter Officer to prepare for IG a schedule of dates for the distributed of the IG newsletter and corresponding content submission deadlines</p> <p>All IG reps to ensure that meeting contact details for their meeting on the OA meetings website are correct and that the person whose phone number is listed is willing and able to respond to enquiries about the meeting</p>
Break 15.30 to 15.45	
<p>Chair explained to new members that there is a process for discussing and voting upon proposals within IG. Chair has prepared a draft of a one-page guide to the process of making decisions at IG and we will follow this process during the meeting. Chair invited members to make notes on the guide about things they feel could be improved and then an updated version will be made and laminated. These will be available at future IG meetings as a quick guide.</p>	<p>Chair to update decision making guide with group amendments and bring copies to next IG</p>
<p>Item 1: Bylaw amendments</p> <p>1) Proposal: To amend Article III Section 1 to redefine our IG area to cover Kent and Essex</p> <p>Proposed by: OASEE Executive Committee Seconded: Holly</p> <p>No points made for or against.</p> <p>Question: How did this proposal come about? We are aware that Kent Essex IG folded as this was announced at National Assembly and one of the groups</p>	<p>Exec Sec to update bylaw to include Kent and Essex</p> <p>Chair to write to Kent and Essex meetings and inform them</p>

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<p>from that area contacted Holly when she was in post as Exec Sec and it was established that to enable these groups to join SEEIG, the IG bylaws would need to be amended accordingly.</p> <p>Question: I understand the meetings in Kent and Essex were previously in this IG and then left. Why did they leave and what has changed that they now wish to fold their IG? They created their own IG originally due to distance they had to travel to IG and have folded as not enough members in that region willing to do service at IG.</p> <p>Yes: 20 No: 0</p> <p>Proposal: Adopted</p> <p>Between the proposals there was a discussion during which the role of IRs was clarified as carrying the group conscience as trusted servants for their groups which means they may be able to change their vote based on the IG discussion if it fits with what they trusted to be the conscience of the group they represent as they understood it.</p> <p>2) Proposal: To amend Article III Section 3 to add an abstinence requirements for IRs to have 6 months current abstinence and a recommendation that IRs serve for a period of no less than 2 years</p> <p>Proposed by: Chair of Outreach Committee Seconded by: Greg</p> <p>Point of clarification: will the amendment require all IRs to have 6 months abstinence? Yes, the intent of the current proposal is for all voting members to have at least 6 months current abstinence but those without can still attend IG as a visitor on behalf of their group and participate in debates but not participate in votes.</p> <p>For 1: As per the rationale in proposal</p> <p>Against 1: The abstinence requirement should be a strong recommendation rather than a mandate as a mandate contravenes tradition 2 which outlines that it is not up to IG to set requirements to groups regarding how they conduct their business. An amendment will be brought.</p> <p>Amendment</p> <p>To edit the proposed amendment in Section B to: IRs should be selected with a) suggested 6 months current abstinence...</p> <p>Proposal: Linda Seconded: Francene</p> <p>For 1: It should be highlighted to people that abstinence is an important requirement but shouldn't prohibit people engaging in IG</p> <p>Against 1: Issues discussed at GC and IG are very important and without 6 months abstinence concern about ability to vote on very important matters such as budget. Setting a mandated requirement could also encourage people to get abstinent.</p> <p>For 2: Tradition 3- only requirement is a desire to stop eating compulsively and this amendment therefore supports that.</p> <p>Against 2: Promoting abstinence is promoting good of OA as a whole. Role of IG is to help strengthen OA and abstinent people will be in best place to do this..</p> <p>Yes: 9 No: 8</p> <p>Motion: Adopted. Amended proposal taken forwards</p> <p>Continued discussion on amended proposal:</p> <p>Against 2: 2 years is a long time for a service position and has experienced</p>	<p>Exec Sec to update World Service Office that the region of our IG has changed.</p>

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<p>this in other roles. An amendment will be brought.</p> <p>Amendment To edit the proposed amendment in Section A to: it is recommended that this will be for a period of no less than 1 year Proposed: Francene Seconded: Juliet For 1: two years could potentially be off-putting for potential new IRs and groups can elect reps for two subsequent years anyway without this amendment being made Against 1: Two years highlights that being an IR is a commitment and it enables IRs to understand the role and gain experience. OAGB needs experienced members to do service and longer terms of service at IG level could help strengthen OA at all levels For 2 : Hopefully people would want to remain in IG after a year if they have a positive experience here so amendment wouldn't be required Against 2: Members own experience is that it has taken some time to understand how IG works and so 2 year service periods could be useful Yes: 6 No: 12 Amended: Rejected</p> <p>Continued discussion on amended proposal with change to Section B only For: 16 No: 5 Amended proposal: Adopted</p>	<p>Exec Sec to update bylaw with adopted wording</p>
<p>Item 2: Election of alternate WSBC representative Exec Sec: outlines requirements and job description for role Point of clarification: what is the anticipated volume of communication anticipated from WSBC that the rep will need to action/respond to? Reps who attend WSBC will have to join a committee and undertake committee actions during year Nominee: Angela Seconded: Mayu Angela gave overview of how she met requirements Yes: 19 No: 1 Nominee: Elected Motion carried to destroy ballot papers</p>	
<p>Item 3: Web Officer election Exec Sec outlines requirements and job description for role Question: Does the extraordinary IG meeting in February regarding WSBC count as one of two IG meetings that nominees are required to have attended to be able to stand for this position? No. However, any IG member could join the Web Committee without meeting requirements for Web Officer positions</p>	
<p>Item 4: Two delegates to WSBC Proposal: to send two delegates to WSBC 2016 from SEEIG and adjust the budget accordingly For 1: SEEIG represents 77 meetings and we therefore need to have appropriate size representation at WSBC Against 1: NSB is struggling for members within GB and therefore our primary responsibility should be to helping the fellowship in GB For 2: Participating at WSBC can help strengthen IG and this in turn helps us strengthen OAGB. We are entitled to send six reps due to our size so two seems reasonable</p>	<p>WSOs to clarify how WSBC works at the February extraordinary meeting as there was some confusion about this in the IG meeting</p>

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Against 2: The budget for this could be spent on other IG activities Yes: 11 No: 5 Proposal: Adopted	
Other agenda items carried over to March IG agenda due to lack of time	Exec Sec to move outstanding items to the March IG agenda
Any Other Business	
None	
Meeting closes: 3 pm	
Caroline (Chair) closes meeting with the serenity prayer.	
Next meeting	
Extraordinary IG meeting to discuss motions for WSBC: 13 February 2016 2-4pm Next scheduled IG meeting: Saturday 5 March 2016 2-5pm	

Glossary: Common abbreviations used in our documents

AOB	Any other business	OASEE	OA South and East England
GSR	General Service Representative (same as IR)	OASEE IG	OA South and East England Intergroup
IG	Intergroup	PI	Public Information
IR	Intergroup Representative (same as GSR)	PO	Professional Outreach
MP	Meeting Pack	R9	Region 9 (Europe, Africa & Middle East)
MS	Meeting Summary	TSW	Twelfth Step Within
NSB	National Service Board	WSO	World Service Office
NA	National Assembly	WSBC	World Service Business Conference
OAGB	OA Great Britain		

Useful website links

www.oasouthandeastengland.org.uk (Our IG website) www.oagb.org.uk (Our national website)
www.oa.org (The WSO website)