

MINUTES

Saturday 3rd May 2014 (2-5pm)

The Boardroom, Lower Ground Floor, Chelsea & Westminster Hospital, Flam Road, London SW10 9NH

Attendees			
<u>IG Officers</u>	Name	Phone	Email
Chair	Stuart		chair@oasouthandeastengland.org.uk
Executive Secretary	Holly		secretary@oasouthandeastengland.org.uk
Recording Secretary	Alex F		rec.secretary@oasouthandeastengland.org.uk
TSW Chair (acting)	Francene		12thstepchair@oasouthandeastengland.org.uk
Outreach	Chair Angela		outreachchair@oasouthandeastengland.org.uk
Newsletter Officer	Emma		newsletter@oasouthandeastengland.org.uk
Region 9 Officers	Francene		region9@oasouthandeastengland.org.uk
<u>IG Reps</u>	Name	Phone	Email
London SW10 /Sun 11:00	James		
Norwich/Mon 18:15	Trevor		
Beaconsfield/Mon, 19:30	Juliet		
Islington/ Mon, 19:30	Caroline		
Southgate/Mon, 20:00	Emma		
Eltham/Mon, 20:00	Barnaby		
Swiss Cottage/Wed, 20:00	Simon		
Oxford/Thurs, 19:30	Peter		
Eltham/Thurs 20.00	Amanda		
Hinde St/Fri 12.15	Rob		
Reading, Fri 19.45	Linda		
<u>Visitors</u>	Name	Phone	Email
	Sheilla		

Agenda items	Action Points
Meeting opened: 2.00pm by Stuart (Chair)	
Readings: Preamble: Caroline / 12 Traditions: Emma / 12 Concepts: Linda / Purpose of Intergroup: Trevor	
Apologies Officers: Jill, Elizabeth, Jacqueline, Alex W	
7th Tradition: £53.70	
Quorum: Voting Members present 15 Quorum met (11)	
Minute Approval	
Corrections and Amendments: <ul style="list-style-type: none"> • Proposal: Minutes accurate Angela. Moved by: Caroline Motion: adopted Matters arising By laws still to be modified 	By laws to be modified
14.20 Committee work	
15.23 Officers' Reports	<i>All Officer Reports appear in full in the Meeting Pack.</i>
Chair: Stuart – no questions Vice Chair: Vacant Executive Secretary Holly: Hillingdon and Purley group need support Recording Secretary Alex F : no questions Treasurer: Jaqueline – Website Officer: No questions Newsletter Officer Emma: We need to renew the Constant Contact software – subscription is £102 World Service Officer: Jacqueline – Absent Telephone officer: Vacant Region 9 Rep: Francene – Bands £2 per band to support group 9. Conference in Greece the cost of the accommodation is € 75 per night NSB Reps: no questions World Service delegate – possibility of someone coming over from the states to lead a rejuvenation workshop	
15.25 – 15.35 Break.	
Item 1: Elections Treasure – Vacant Vice Chair Vacant	

Agenda items	Action Points
Telephone officer: Emma voted 11 for 3 against	
Item 2: Delisting meetings <ul style="list-style-type: none"> • Proposal – Where there is a group that is no longer running there will be an agreement from 2 officers before delisting from the World Service • Attempts will be made by 2 officers to clarify that the group is no longer running • Vote 17 for 	
Item 3: Website structure and content <ul style="list-style-type: none"> • Defer agenda item to next meeting No objections	
Item 4: NSB – update Needs members to fill vacancies at present there are only 5 members. October there will be more vacancies. NSB needs members	Discuss with groups a bid for hosting intergroup meetings
Item 5: Announcement/information The following points were discussed informally prior to the meeting: <ul style="list-style-type: none"> • Inter group inventory • Someone to organize intergroup rejuvenation workshop • Simplify meeting agenda • Officer report to be reduced • Unified atmosphere – friendlier • Welcome new members – more supportive • Incorporate recovery aspect to meeting • Increase sense of fellowship • Intergroup rep – no abstinent required – should we institute this? • Service recommendation • Information sent out prior to meeting too much • Meeting too formal • Venue not close enough to a tube station • Should chair have an opinion in meetings? • Committee to meet in between meetings? • Contact groups who are not sending reps • Hold meeting at different times/days? • Intergroup is too big – geographically • Establish culture of service • Should we have service sponsors? • Voting process Members of the meeting decided that the following should be prioritized to rejuvenate intergroup	

Agenda items	Action Points
<ul style="list-style-type: none"> • Intergroup rep roles • Agenda pack needs to improve • Awareness OA meetings - outreach 	
Committee Reports	
<p>12 Step Within Committee</p> <p>Chair: Francene</p> <ul style="list-style-type: none"> • Last event report • No chair at the moment • Communication • Next event • 12 step within support • Encourage more fellowship 	
<p>Outreach Committee</p> <p>Chair: Angela</p> <ul style="list-style-type: none"> • Minutes of meeting • Addresses of hospital divided between group members to make contact • Media – press and radio • Awaiting World Service to approve use of Logo on hospital screens and then OA will be seen on hospital screens • Facebook page successfully completed by Carolin • Universities have been contacted and this needs to be chased • Flyers to be taken to local GPs • London Eating Disorder Conference will be held next 18 – 20 March 2015 – we hope to have a stall 	
Any Other Business	
None	
Next meeting – Saturday 5 th July, 2-5 pm, Chelsea and Westminster Hospital.	
Closing – the meeting closed at 5 pm with the Serenity Prayer.	

Glossary: Common abbreviations used in our documents

AOB	Any other business	OASEE	OA South and East England
GSR	General Service Representative (same as IR)	OASEE IG	OA South and East England Intergroup
IG	Intergroup	PI	Public Information
IR	Intergroup Representative (same as GSR)	PO	Professional Outreach
MP	Meeting Pack	R9	Region 9 (Europe, Africa & Middle East)
MS	Meeting Summary	TSW	Twelfth Step Within
NSB	National Service Board	WSO	World Service Office
NA	National Assembly	WSBC	World Service Business Conference
OAGB	OA Great Britain		

Useful website links

www.oasouthandeastengland.org.uk (*Our IG website*)

www.oagb.org.uk (*Our national website*)

www.oa.org (*The WSO website*)