

## MINUTES

**Saturday 8 January 2011 (2-5pm)**

The Boardroom, Lower Ground Floor, Chelsea & Westminster Hospital, Fulham Road, London SW10 9NH

Agenda items	Action points
<b>Meeting opened: 2:00pm</b>	
<b>Readings</b> Preamble: <b>Angela</b> • 12 Traditions: <b>Charlotte</b> • 12 Concepts: <b>Kester</b> Purpose of Intergroup: <b>Charlie</b>	
<b>Apologies</b> <b>Officers:</b> <b>Sam &amp; Maureen</b> (NSB Reps) / <b>Michelle</b> (Mail) / <b>Deborah</b> (Loner Support) / <b>Sabine</b> (Region 9) <b>Reps:</b> <b>Mary</b> (Chelsea & Westminster, Sun 11) / <b>Rachel</b> (Clapham / Mon 7pm)	
<b>7<sup>th</sup> Tradition: £52.45 collected</b>	
<b>Quorum:</b> Voting Members present 19. Quorum met (11)	
<b>Minute Approval</b>	
<b>November 2010</b> <b>Corrections &amp; amendments:</b> <ul style="list-style-type: none"> <li>November minutes updated.</li> <li><b>Proposal:</b> The meeting votes to accept these minutes as an accurate record of the November IG meeting. Proposed by: Charlie   Seconded by: Pat <b>Vote:</b> Passed</li> </ul> <b>Matters arising:</b> <ul style="list-style-type: none"> <li><b>P5.</b> Patrick can attend WSBC 2011 as our World Service Officer.</li> </ul> <b>December 2010</b> <b>Corrections &amp; amendments:</b> <ul style="list-style-type: none"> <li>December minutes updated.</li> <li><b>Proposal:</b> The meeting votes to accept these minutes as an accurate record of the December IG meeting. Proposed by: Kerry   Seconded by: Charlie <b>Vote:</b> Passed</li> </ul> <b>Matters arising:</b> <ul style="list-style-type: none"> <li>Meeting Packs and Agenda's to have web links written in full.</li> </ul>	<ul style="list-style-type: none"> <li><b>Sec.</b> Update November minutes and send to Web Officer to upload.</li> <li><b>Sec.</b> Update December minutes and send to Web Officer to upload.</li> </ul>
<b>Group Reports</b>	<i>Group Reports are not minuted unless specifically requested.</i>
<ul style="list-style-type: none"> <li>Meetings needing support: <b>Putney</b> (Wed; 19:00)</li> <li>Change of venue: <b>East Finchley</b> (Sun 11:00) From January 30<sup>th</sup> 2011, the meeting is moving from 42 Church Lane to the Ann Owens Centre, Oak Lane, London N2 8LT.</li> <li>Meeting Update: <b>Chelsea &amp; Westminster</b> (Sun 11:00) Baby friendly.</li> </ul>	

<ul style="list-style-type: none"> <li>Meeting closed:  <b>Brixton</b> (Sat 10:00) Closed  <b>Telephone Meeting</b> (Wed pm) Closed</li> </ul>	
<b>Officers' Reports</b>	<i>All Officer Reports appear in full in the Meeting Pack.</i>
<p><b>Chair: Caroline</b></p> <ul style="list-style-type: none"> <li>No questions.</li> </ul> <p><b>Vice Chair: Antje</b></p> <ul style="list-style-type: none"> <li>Handover has taken place with the Mail Officer and Antje is co-ordinating with the Chair on job allocation.</li> </ul> <p><b>Secretary: Perry</b></p> <ul style="list-style-type: none"> <li><b>Meeting Packs update   January 2011</b> <ul style="list-style-type: none"> <li>- 73 Groups at present in our IG.</li> <li>- 23 Groups with no IG Rep details. These meetings now receive only the Agenda 1pp sheet and the website link to the full Meeting Pack.</li> <li>- 50 Email Meeting Packs sent.</li> </ul> </li> </ul> <p><b>Treasurer: Jacqueline</b></p> <ul style="list-style-type: none"> <li>As per the Treasurer's Annual Report, Group Contributions have shown a steady decrease from £10,641.82 in 2007 to £7619.81 in 2010. A decrease of £3022.01.</li> <li>The current group contribution suggestion is that 1/3<sup>rd</sup> is paid to OAGB and 2/3<sup>rd</sup> is paid to OASEE IG.</li> <li><b>Finance update.</b> Bank Account balances... <ul style="list-style-type: none"> <li>- Current Account <b>£1681.02</b> (<i>Prudent Reserve is £1500</i>)</li> <li>- Deposit Account <b>£1700.20</b> (<i>Prudent Reserve is £1700</i>)</li> </ul> </li> </ul> <p><b>PI Mail &amp; Media Officer: Vacant</b></p> <ul style="list-style-type: none"> <li>Vacant.</li> </ul> <p><b>PI Groups Officer: Vacant</b></p> <ul style="list-style-type: none"> <li>Vacant.</li> </ul> <p><b>Professional Outreach Officer: Reena</b></p> <ul style="list-style-type: none"> <li>No questions.</li> </ul> <p><b>New &amp; Existing Group Support Officer: Charlie</b></p> <ul style="list-style-type: none"> <li>Received spreadsheet from Secretary identifying those groups that have sent an IG Rep to less than 1 meeting during 2010.</li> <li>Charlie is aiming to get in touch with those groups during 2011.</li> </ul> <p><b>Loner Support Officer: Deborah</b></p> <ul style="list-style-type: none"> <li>Officer not present.</li> </ul> <p><b>Website Officer: Patrick</b></p> <ul style="list-style-type: none"> <li>Website is fully functioning. We will be in the process of adding documents back to the website (minutes / bylaws / etc) over the coming months.</li> <li>The Google Analytics statistics for the period Nov 2, 2010 – Jan 1, 2011 show that there were 630 Unique Visitors (&amp; 1045 Visits).</li> <li>All IG Officers email addresses (@oasouthandeastengland.org.uk) have been set up. Any problems accessing your IG Officer email please inform Patrick.</li> <li>Domain Names. Ceri to look into pointing other domain names to <a href="http://www.oasouthandeastengland.org.uk">www.oasouthandeastengland.org.uk</a></li> </ul>	<ul style="list-style-type: none"> <li><b>Group Reps.</b> You are able to discuss at your Group Conscience the suggested % split for contributions.</li> <li><b>Group Reps.</b> Inform groups that Charlie is available for group support work.</li> <li><b>Group Reps.</b> Pass on information that the website is back up and running.</li> </ul>

**Mail Officer: Michelle**

- Officer not present.
- **Update received from Michelle:** Michelle has access to the Yahoo email account and post is being redirected to her home address.

**Telephone Officer: Angela**

- Angela passed around the telephone rota's to give service answering our IG telephone number (08702 259728) and the OAGB national telephone number (07000 784985) as we are now covering every Sunday from 2-10pm.
- The Telephone Conference for the sub-committee will take place on Wednesday 19 January.

**World Service Officer: Patrick**

- Pat will be attending WSBC 2011 as our IG World Service Officer.
- Motions for WSBC 2011 will be sent out from WSBC on Monday 10 January.
- Pat will email these Motions and his summary to IG Reps (& groups) for group discussion before our IG Meeting on Saturday 12 February.
- There will be 2 votes on each proposed motion. The first is whether the motion merits debating at WSBC and the second vote is assuming that the motion does make the floor would you vote Yes or No.
- It is also important for Patrick not just to receive the group's final votes on this year's motions but also why our groups have voted that way.

**Region 9 Rep: Sabine**

- Officer not present.
- **Officer Update:** Region 9 delegate report will be uploaded to the website this week and went out with the January Meeting Pack.

**NSB Reps: Maureen/Sam**

- Reps not present.

- **IG Reps.** Please continue to inform groups that we require volunteers to do service to answer our OA telephone numbers. Contact Angela with any volunteers.

- **IG Reps.** Please discuss the WSBC Motions with your Groups and attend the IG meeting on Saturday 12 February, 2-5pm.

**Break: 3:30-3:45pm****Agenda Items****Elections**

- **PI Mail & Media**  
Nomination: **Denise**  
Proposed by: Denise | Seconded by: Mark  
Elected: **Denise**
- **PI Groups**  
Nominations: None received

**OAGB funding for event**

- A request was brought to IG by OAGB to help fund Professional Outreach work in Birmingham.
- **Final Proposal:** If a financial need is demonstrated we'd donate up to £200.  
Proposed by: Jacqueline | Seconded by: Lyn  
**Vote:** Passed (18/0/3)

**National Assembly Bid 2011**

- **Proposal:** That OASEE IG would organise the 2011 National Assembly (*Using the NEC venue in Birmingham*)  
Proposed by: Ceri | Seconded by: Zita

- **Sec.** Add PI Groups Officer election to March Agenda.

- **Chair.** Inform OAGB

**Vote:** Failed (1/17/2)

- **Proposal:** OASEE IG would bid to host the National Assembly, in our region, in 2012.

Proposed by: Jacqueline | Seconded by: Rachel

**Vote:** Passed (19/1/2)

#### Eating Disorders Conference 2011 (29-31 March 2011)

- Mark who is organising our stand at this year's event updated the meeting.
- The conference is expecting around 700 delegates and it is a great opportunity for Professional Outreach work.
- There will be a number of shifts organised to cover the conference, with an experienced OA member alongside someone less experienced.
- The Policy requirements for Professional Outreach work were ready out:
  - To be qualified to do Professional Outreach work on behalf of the Intergroup, it is recommended that members:
    - a) Have a minimum of six months abstinence
    - b) Have worked through Steps 1-9 and continue to be working Steps 10-12
    - c) Have a working knowledge of OA's 12 traditions and
    - d) Have physical recoveryA member is understood to have experienced physical recovery if they consider themselves
    - (i) To be in a healthy weight range
    - (ii) To have made significant progress in approaching a healthy weight range
- For those interested in volunteering, Mark's email address is [edc@oasouthandeastengland.org.uk](mailto:edc@oasouthandeastengland.org.uk)
- Further details will also be posted on our website.
- **Proposal:** OASEE IG set aside £200 for promotional material for the EDC 2011.  
Proposed by: Mark | Seconded by: Lynn  
**Vote:** Passed (21/0/2)

- **Sub Committee.** Jacqueline / Ceri / Sadie / Katherine.

#### Agenda items not discussed during the meeting

- Website | IG Documents
- OASEE IG Meetings | Agenda Change re OA Strategic Plan
- OASEE IG Meetings | Morning Workshops
- NSB Questions

#### AOB

- None

**Meeting closed: 5:00pm**

#### Glossary:

##### Common abbreviations used in our documents

<b>AOB</b>	Any other business
<b>GSR</b>	General Service Representative ( <i>same as IR</i> )
<b>IG</b>	Intergroup
<b>IR</b>	Intergroup Representative ( <i>same as GR</i> )
<b>MP</b>	Meeting Pack
<b>MS</b>	Meeting Summary
<b>NSB</b>	National Service Board
<b>NA</b>	National Assembly
<b>OAGB</b>	OA Great Britain
<b>OASEE</b>	OA South and East England
<b>OASEE IG</b>	OA South and East England Intergroup
<b>PI</b>	Public Information

<b>PO</b>	Professional Outreach
<b>R9</b>	Region 9 ( <i>Europe, Africa &amp; Middle East</i> )
<b>TSW</b>	Twelfth Step Within
<b>WSO</b>	World Service Office
<b>WSBC</b>	World Service Business Conference

#### Useful website links

- [www.oasouthandeastengland.org.uk](http://www.oasouthandeastengland.org.uk) (*Our IG website*)
- [www.oagb.org.uk](http://www.oagb.org.uk) (*Our national website*)
- [www.oa.org](http://www.oa.org) (*The WSO website*)