

Ten Years of Miracles

Overeaters Anonymous
www.oa.org

When I came into OA, I wanted only to lose weight. I sat in the back of the room with my head down. I couldn't read and had money problems.

My husband and I lost everything, including our business, when I was 55 and he was 61. We had to start over. We thought we would have to work at least another 25 years before we could retire.

But thanks to God and OA, in 10 short years I have lost 50 pounds (23 kg) and have learned to read by working with a program at a local school. I've retired and travel regularly.

Thanks to this simple program, my husband and I have a healthy new life filled with more blessings than we ever dreamed of. I have turned my life over to God, and he has taken me far "beyond my wildest dreams."

— Lifeline, January 2003



OA SPOTLIGHT

Voices of Recovery Workbook, a companion to the daily reader *Voices of Recovery*, is now available in the OA Bookstore! Visit bookstore.oa.org.

Inspiration

If I'm feeling this good in program after less than eight months, I cannot imagine what it will be like when I become a longtimer and remain abstinent!

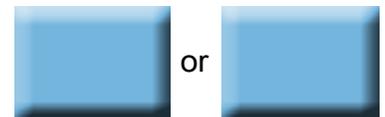
— Lifeline,
Sept/Oct 2007

A Call To Service

Christina T. from Oakland, California USA, has served by sponsoring others, being meeting secretary and being involved in her intergroup. Service has helped build her self-esteem.

How will you serve this week?

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