

CHECK OUT the
February Lifeline
for stories of
attracting newcomers

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In OA, Love Is

- ♥ Giving in, not giving up.
- ♥ Not being possessive.
- ♥ Being able to confide in each other.
- ♥ Being able to say you're sorry.
- ♥ Making up quickly after a row.
- ♥ Being there when another member needs you.
- ♥ Telling each other with your eyes.
- ♥ That feeling that makes the heart grow fonder.
- ♥ Caring about my fellow, as well as myself.

— Lifeline, December 1972

Overeaters Anonymous
www.oa.org



Inspiration

“‘Love isn’t love unless you give it away.’ OA’s love has given me self-acceptance, self-respect and the willingness to change what I can just for today.”

— Lifeline,
March/April 1977

A Call To Service

Anonymous says, “[Serving at WSBC] expanded my horizons; increased the number of safe places, safe people that I can trust; opened my mind; increased my commitment to myself and therefore others and humbled me.”

How will you serve this week?

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