

CHECK OUT the  
March/April Lifeline for  
using the Twelve Steps  
"In All Our Affairs"

# Lifeline Weekly

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## Equal Status

Despite the vast differences in age, lifestyle and personality among OA members, we share a common goal: abstinence. The beautiful thing is that abstinence is not a requirement for attending meetings or working the program; only the desire to be abstinent is required. The Fellowship accepts us, whether we are abstinent or not, for we are not bad people. We are sick people trying to recover.

Many of us came to OA feeling that we did not fit in or belong anywhere else. We all have equal status in the program, whether newcomer or veteran. As our OA "Twelve and Twelve" says, "Recovery is a journey, and the Twelve-Step program is the road we travel together in OA. The

purpose of Tradition Three is to ensure that the road will always be accessible to all who wish to travel it" (page 130).

When we open our hearts and minds to those around us, many of us experience unconditional acceptance for the first time in our lives. This program works.

— Lifeline, March 1997

Overeaters Anonymous  
[www.oa.org](http://www.oa.org)



## Inspiration

My Higher Power is an experience rather than a being: the experience of balance, health, wholeness, conscience, emotional growth, nurturing and recovery.

— Lifeline,  
February  
2006

## OA SPOTLIGHT

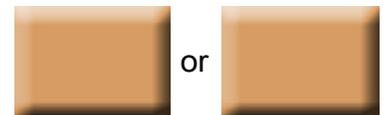
Members celebrate the life of OA founder Rozanne S. with "In Memoriam" in the March/April 2014 *Lifeline*. To order a copy, visit the OA Bookstore online or [click here](#).

## A Call To Service

K.Y. from Pennsylvania USA served by becoming a Step sponsor. K.Y. says Step sponsoring was finding "my niche where I am comfortable and feel confident."

*How will you serve this week?*

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