

CHECK OUT the
March/April Lifeline
for stories of "How OA
Changed My Life"

Lifeline **2013** Weekly

Vol. 4, No. 11 March 18–24

Putting Pieces Together

On page 66 of the Big Book, I found the words "the sunlight of the Spirit" (*Alcoholics Anonymous*, 4th edition). I know I've read them before, but today they jumped out at me and gave me one more insight to warm my heart. I used to think each insight was going to save my life and when it didn't, I felt discouraged, as if I had failed to use it properly.

Today I have come to believe that nothing is complete in itself, but is made to fit together with all the other pieces of insight and self-knowledge. It's like the pieces of a puzzle. I do not see the whole picture, but every day I discover a piece or pieces—depending on my state of receptivity—that fit together. But because no one piece gives the whole picture, my old tapes say, "It isn't working." I'm coming to know, however, that it is working exactly as it should. As I

gather more and more pieces (self-knowledge), the puzzle becomes clearer, and I find each piece fits perfectly in its place.

The process is slow, and sometimes I become impatient. Then I remember the sunlight of the spirit, and I feel warmed and comforted by the idea that there are no mistakes in this design, only more pieces to be put in place . . .

— Lifeline, May 1978

Overeaters Anonymous
www.aa.org



Inspiration

Through God's
kindness, my shame
has become
my victory.

— Lifeline,
May 2008

OA SPOTLIGHT

Download
the 2013 *Courier*,
OA information for the
professional community,
at www.aa.org/media
[professionals/the-courier-newsletter/](http://www.aa.org/media/professionals/the-courier-newsletter/)
or purchase at
bookstore.aa.org.

A Call To Service

N.R. from Beverly, Massachusetts USA, says, ". . . I became a sponsor. This was the catalyst to learning about my selfishness, inability to listen and propensity for giving advice."

How will you serve this week?

Want to read more?
Subscribe to e-Lifeline!



Already a subscriber? Pass
Lifeline Weekly on to OA friends
and encourage them to subscribe!