

# Lifeline

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# Weekly

COMING UP in the June Lifeline, how atheists and agnostics approach the spiritual side

## Windows

For several months after I began living our Twelve-Step program, I felt twinges of sadness, a wistful longing for those I love to enjoy the serenity with which God had blessed me.

Knowing that I was responsible only for my happiness not theirs, I continued to use the principles of the program, hoping to find consolation for this sadness.

At a recent meeting, another member talked about the same wish for her loved ones' happiness. She likened her family life before the Twelve Steps to a house without windows: cold and dark.

When she began working the Steps in earnest, it was like putting in a window. Everyone in the house noticed the light and warmth flowing

through the house without even standing directly in front of it.

As I continue to work the Steps, I find greater happiness and serenity for myself. It is a comfort to know that my light shines in our home, warming everyone who lives there and brightening our lives.

— Lifeline, July 1985

Overeaters Anonymous  
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## Inspiration

So for now I'll enjoy the sun as it shines down on me right here, thankful for my abstinence and my recovery.

— Lifeline, August 1991

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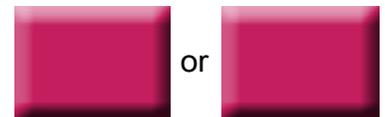
## A Call To Service

M.R. from Port Orchard, Washington USA, says, "The Wednesday meeting gave me much healing, and I wanted to give back to the program . . . Service keeps me coming back, and I am so grateful for the opportunity that I can't stop doing it!"

*How will you serve this week?*

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