

CHECK OUT the  
Sept/Oct Lifeline  
for stories of sponsoring  
through the Twelve Steps

# Lifeline

2013

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# WEEKLY

## Catch Me If You Can

That's the way I sponsored. "Here's my phone number. Call me," I'd say. But I was never home. Who am I kidding? Who suffers? Who loses? Why do I sponsor? I need to have a chat with myself. I hope you don't mind. The conversation is between my head and me.

**My head:** I'm too busy to be home.

**Me:** Oh, that's too bad. What are you busy doing?

**My head:** Well, I have things to do, places to go, people to see . . .

**Me:** Oh, is that right! That's great! Things are going well?

**My head:** Well, no. It's kind of a mess. Actually, life is all down around my feet.

**Me:** Amazing. Do you have any idea how that happened?

**My head:** What do you mean?

**Me:** Are you working your program?

**My head:** Of course!

**Me:** You are abstinent. You write. You call your sponsor. You have taken the Steps. You sponsor.

**My head:** Well, I'd sponsor if someone would call.

**Me:** When should they call?

**My head:** Well . . .

**Me:** I know you're too busy to sit around waiting for the phone to ring.

**My head:** Well, would you?

**Me:** If my life was down around my feet and things were a mess, I'd go to any lengths. And if answering the phone at a specific time is one of the lengths, I'd go for it.

**My head:** You would? That's where you and I part company.

**Me:** Good, Let's part then.

— Lifeline, April 1980

Overeaters Anonymous  
[www.aa.org](http://www.aa.org)



## Inspiration

I do not think my fat is me. I can change my self-image.

— Lifeline,  
Sept/Oct 1977

OA SPOTLIGHT

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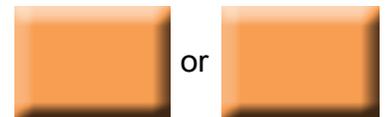
## A Call To Service

S.S. from Sunnyvale, California USA, has served by being an intergroup rep and organizing OA events such as a "Day-in-OA." S.S. tries to find projects in service where S.S. can be creative.

*How will you serve this week?*

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