



South and East England Intergroup

MINUTES OF COMMITTEE MEETING
 Saturday 13th January 2018
 14:00 to 17:00

The Boardroom, Lower Ground Floor, Chelsea & Westminster Hospital, Fulham Road, London SW10 9NH

IG Officers			
IG Officer	Name	Phone	Email
Chair	Linda		chair@oasouthandeastengland.org.uk
Treasurer	Margaret		treasurer@oasouthandeastengland.org.uk
Executive Secretary	John		secretary@oasouthandeastengland.org.uk
Recording Secretary/ NA Delegate	Juliet		rec.secretary@oasouthandeastengland.org.uk
Newsletter Officer	Nicky		newsletter@oasouthandeastengland.org.uk
Web Officer	Rachael		web@oasouthandeastengland.org.uk
Social Media Officer	Lea		socialmedia@oasouthandeastengland.org.uk
IG Reps			
Meeting Description	Name	Phone	Email
Visitor (E London Mtgs)	Lucy		
Greenwich	Geraldine		
East Finchley	Alex		
Stevenage (Sunday)	Nita		
Barbican (Tuesday)	Sandra		
Wembley (Friday)	Dee		
Upminster (Sunday)	Jim		
Kingston	Anne		
Leiston	Cathie		
St Albans	Cathy		
Bethnal Green	Athena		
Wimbledon	Polly		
Visitor (Kingston)	Umoja		

<p>Meeting opened: 14:00 hours by the Chair, Linda, followed by the Serenity Prayer and a moment of silence for the still suffering compulsive eater both in & out of the room</p>	
<p>Readings Preamble: Geraldine; 12 Traditions: Nita; 12 Concepts: Margaret; Purpose of Intergroup: Cathy; Healthy Intergroup: Juliet</p>	
<p>Introductions</p>	

Agenda items continued:	Action Points
<p>• R9 Assembly and Convention 2018 hosting project update- Juliet</p> <p>Event will be 26th-30th Sept 2018 at the Kairos Centre in Roehampton Assembly (R9 business meeting) is from Wed 26th- Fri 28th, Convention is from evening of Fri 28th- afternoon of Sunday 30th. Planning committee met Sat 6th Jan, Central London.</p> <p>Main meeting aims were to discuss and decide budget/finances then to work on the Invitation Pack and Registration documents (drafted by committee members prior to the meeting) which must be sent to the R9 Board by Feb 12th for general release March 19th.</p> <p>Major fundraising event for R9 activities/carrying the message. They have budgeted our raising £1,500 from this event. Delegates pay their own Bed & Board, but we must cover costs of meeting room hire and other smaller expenses. In order to do this and raise funds for R9 we will be charging £25 for the whole convention weekend, £20 for Sat and Sun, £15 for Saturday only, £10 for Sunday only and £5 for Friday only. Please note that the main meeting room for the convention has a maximum capacity of 120 people</p> <p>Accommodation at the event is limited and will be allocated on a first come first served basis (priority will be given for assembly members at the Kairos Centre) and we will need to ask for bookings by the end of June 18.</p> <p>Next R9 Committee meeting date will be end of March. Programme sub-committee will meet soon to discuss the content of the convention.</p> <p>Anyone interested in giving service at this event or on the planning committee should email rec.secretary@oasouthandeastengland.org.uk</p> <p>A bag of IG lanyards and badges are missing and may be being stored at someone's house please bring to next IG meeting if you have them!</p> <p><u>This will be a fantastic recovery event. please do support it if you can!</u></p> <p>Anne offered Kingston group to give service at the event as they are so close to the venue.</p> <p>Questions asked regarding countries who would be represented at this event - information can be found in R9 Officer report.</p> <p>• SEEIG Project Planning for 2018</p> <p>Topic introduced by the Chair.</p> <p>Last year the IG voted to set aside the two standing committees (Public Outreach /Public Information and Twelfth Step Within Committees) in favour of task-based projects.</p> <p>Projects were voted on and task forces set up to action them but although some progress was made, none were seen through to completion.</p> <p>Our IG is committed to hosting the R9 Assembly and Convention this year, do we focus on that or are there any additional projects we would like to work on?</p> <p>Initial proposal by Nita that we revert back to working via the two standing committees as the task forces have not been successful and the Committee structure is still part of our bylaws.</p> <p>For those new to our IG it was clarified that the PI/PO committee had undertaken projects such as creating a local PI literature pack, attending an Eating Disorders conference and working on getting OA information into hospitals. The TSW Committee had run a number of recovery workshops in central London plus a retreat in East Anglia during 2015 and 2016. The Chairperson role for both committees had been vacant for a few months prior to the Jan 2017 decision to move to task forces.</p> <p>Much discussion was generated then, about the importance of PI/PO and the desire that the IG be doing some. The Committee chairperson job description and requirements were read out (noted that we also need to amend wording regarding abstinence from the documentation for this as well) However nobody present was able/willing to chair a PO/PI committee at this time.</p>	<p>Exec Sec to amend wording regarding abstinence requirements for Officers as stated in our bylaws- Article IV, section 4 (voted on at Nov '17 IG meeting)</p>

AOB continued:	
<p>Sponsorship issues Clarification was requested over the WSO letter from Oct 17th regarding issues in sponsorship- Is this a policy change? No, it isn't, it's just advising us that OA does not endorse the type of sponsorship that some members have come across (eg being told to stop taking prescription medication, stop drinking alcohol, only attend particular meetings and call particular members)</p> <p>Public Liability Insurance Can PLI be expanded to cover all groups? This was previously discussed in an IG meeting but the final decision over it was not recalled. Can that be investigated? Recording Secretary offered to check prior meeting minutes to see what decisions were made.</p>	<p>Newsletter Officer to include a link to this advice in the next newsletter</p> <p>Rec Sec to search Dropbox for previous minutes to check this.</p>
Meeting closed: 17:00 hours with the Serenity Prayer	
Next meeting: Saturday March 3 rd , 2018	

Deadline for Officer reports: 10th Feb 2018 **Distribution of next agenda pack:** 17th Feb 2018

Glossary: Common abbreviations used in our documents

AOB	Any other business	OASEE	OA South and East England
GSR	General Service Representative (same as IR)	OASEE IG	OA South and East England Intergroup
IG	Intergroup	PI	Public Information
IR	Intergroup Representative (same as GSR)	PO	Professional Outreach
MP	Meeting Pack	R9	Region 9 (Europe, Africa & Middle East)
MS	Meeting Summary	TSW	Twelfth Step Within
NSB	National Service Board	WSO	World Service Office
NA	National Assembly	WSBC	World Service Business Conference
OAGB	OA Great Britain		

Useful website links

www.oasouthandeastengland.org.uk (Our IG website)
www.oaregion9.org/ (Region Nine Website)

www.oagb.org.uk (Our national website)
www.oa.org (The WSO website)