

Face to Face meetings

There are 3 different ways to find a Face to Face meeting using the [oa.org Find A Meeting](https://www.oa.org/Find-A-Meeting) function. Start by selecting Face-to-Face meeting then search as follows:

By town or city

Select 'Other Countries with Meetings' in the 'Select Your Location' drop down menu. Choose the country (i.e. England, Scotland, Wales or Northern Ireland) and you will be taken to a list of towns/cities with meetings in that country. Choose your town or city and click 'Search' then scroll down the page to see the list of results.

By postcode or place name

To search by postcode or place name, please type your search term in the box marked 'Enter your zip code and select a distance.' Select a distance then click 'Search' and scroll down the page to see the results.

By Intergroup area

Click on the 'Find a Service Body' box. Ignore the 'Select your Location' option, and where you are requested to enter your 5-digit intergroup/service board number enter **09139** to obtain and then search/sort results for SEEIG meetings.

Online meetings

As well as being a great additional meeting source for all members with internet access, online meetings are particularly valuable to those who might find it difficult to get to a face to face meeting because of location, health, child care or work shifts, for example.

Select 'Online meetings' and then choose 'British Time' from the 'Select your Time Zone' menu. Click search, and if desired sort the results by language spoken, time, day, special topic, special focus etc. by clicking on the 'Sort Results By' drop down menu.

Follow the instructions posted for each individual meeting to take part.

Telephone meetings

Currently, there is only one UK based telephone meeting. The quickest way to find it on oa.org is via the 'Find a Service Body' search function. Select this option, ignore 'Select your Location', and where you are requested to enter your 5-digit intergroup/service board number enter **09139** to obtain results for SEEIG meetings. Scroll down to where the heading Telephone Meetings is right at the bottom of the page.

To join a telephone meeting elsewhere in the world, select Telephone meetings and then follow the instructions as for Online meetings above.

Important Information on Telephone Meetings

OA, Inc. maintains a listing of registered telephone meetings as a courtesy to its members. OA, Inc. does not own, endorse, manage or otherwise sponsor these meetings. Each meeting is autonomous. Some meetings choose to record all or part of a meeting for available playback at a future time. By accessing and using information on this list, you agree that you have been notified that a telephone meeting may be recorded. You have the option of listening without speaking; and/or if participating vocally, you have the option of using your own name, a fictitious name or none at all.

Calls into telephone meetings are NOT free of charge. Regular long-distance charges will apply based on the long-distance plan callers have with their telephone service provider. Some members have had problems with phone calls being blocked. Please [click here](#) for some suggestions for this issue.