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Your personal data will only be held so long as you want to receive the newsletter. You may unsubscribe at any time by following the link on our emails, or on the newsletter itself.

You can ask to see the information which OA holds on you by contacting the Chair of the South and East England Intergroup (chair@oasouthandeastengland.org.uk). You can also contact the Chair to ask for erasure of your personal data, or to object to any processing.

If you have any questions or concerns about privacy or data protection you can contact the Chair. You also have the right to make a complaint to the [Information Commissioners Office](#).