

INTERGROUP MINUTES

Saturday 1st Sept 2018 (2-5pm)

The Boardroom, Lower Ground Floor, Chelsea & Westminster Hospital, Fulham Road, London SW10 9NH

IG Officers			
IG Officer	Name	Email	
Chair	Linda	chair@oasouthandeastengland.org.uk	
Treasurer	Margaret	treasurer@oasouthandeastengland.org.uk	
Social Media Officer	Lea	socialmedia@oasouthandeastengland.org.uk	
R9 Representative	Darren	region9@oasouthandeastengland.org.uk	
NSB Officer	Caroline	nsb@oasouthandeastengland.org.uk	
IG Reps			
Meeting Description	Name	Meeting Description	Name
East Finchley (Sun)	Alex	Kingston (Wed)	Anne
Greenwich (Sat)	Denise	St Albans (Tues)	Karen
Morden (Wed)	Ali	Reading (Fri)	Mark
Hadleigh	Dominique	Leiston, Suffolk	Cathie
Shadwell	Hans	Beaconsfield (Mon)	Charlotte
Watlington (Thurs)	Caroline		
Soho LGBT	Steve	Visitor	Sheila
Spitalfields (Tues)	Rachel	Visitor	Susie

Meeting opened: 2.00pm by the Chair, followed by the Serenity Prayer and a moment of silence for the still suffering compulsive eater	
Readings Preamble: Susie ;12 Traditions: Dominique ;12 Concepts: Ali ; Purpose of Intergroup: Anne ; Healthy Intergroup: Margaret	
Introductions	
Apologies: Juliet (Recording Secretary)	
7th Tradition: £52.26	
Quorum: Quorum(11) met - 17 voting members	
Minute Approval	Action points
Corrections and Amendments: There was one suggestion for correction – page 4 (for me) section ‘Changes at Intergroup’ second paragraph hyphen required check – in share Minutes voted as correct, May 6 votes, July 5 votes	1.Rec. Sec: Make agreed amendment to minutes

Minute Approval continued	Action points
<p>Timekeeper: Denise</p> <p><u>Matters Arising</u></p> <p><u>July minutes-</u> re: Action Point 11. Social Media Officer to work on producing a report for Sept IG meeting detailing her work so far Q. why has no report has been produced for the Sept meeting? A. No recollection of saying she'd do this, finds written reports hard to do, would prefer to provide verbal/visual report during the meeting</p>	<p>2. Treasurer to ensure Social Media Officer has access to Officer email account and Dropbox</p>
<p>Officers' Reports: These appear in full in the meeting pack</p>	<p>Action Points</p>
<p>Chair: No questions Vice Chair: Position vacant, no questions Executive Secretary: Position vacant, no questions Treasurer: Query over abbreviations in the treasurer's report – e.g. CMH. Response that this is to ensure members anonymity and also to remind the Treasurer who had made the donations. Website Officer: Position vacant, no questions Newsletter Officer: Position vacant, no questions Telephone Officer: Position vacant, no questions National Assembly Delegate: Position vacant, no questions National Service Board Officer: No questions Region 9 Rep: No report (sent but not received!) verbally stated that has registered for Region 9 A&C and has been working with Region 9 on GDPR World Service Delegate: Position vacant, no questions Social Media Officer: No report</p>	
<p>Agenda items:</p>	<p>Action Points</p>
<p><u>Officer elections</u> National Assembly Delegate Sheila put herself forward – seconded Lea Vote- for 12; against 3 Newsletter officer No willing candidates Telephone Officer Susie put herself forward– seconded Anne Vote- for 14; against 1 Website officer Ali put herself forward– seconded – Darren Vote-for 18; against 0 NSB representative Caroline put forward Juliet (by proxy) Vote- for 18; against 0</p>	<p>3. Treasurer to give new/ temp Officers appropriate access to Officer mail boxes/ Dropbox 4. NA Delegate and Treasurer to liaise re: NA expenses 5. Telephone to be passed to new temp Officer 6. Chair to forward NSB application to OAGB Chair</p>
<p><u>National Assembly motions (3:00pm)</u> Motion A Regarding reducing the number of possible board members from 21 to 15 and amending this in the Bylaws of The National Service Assembly of Overeaters Anonymous Great Britain Vote- for 15; against 0</p>	

Agenda items continued:	Action Points
<p><u>National Assembly Motions continued</u></p> <p>Motion B Regarding being able to co-opt additional Board members between the annual National Assembly meetings if there are less than five members on the Board, rather than only if a Board member resigns or ceases to function before the end of his/her term of office (and amending bylaws to reflect this) Vote- for 15; against 0</p> <p>Motion C Regarding an addition to OAGB bylaws allowing they be automatically updated to ensure continued compliance with OA Inc Bylaws by reflecting any bylaw changes to made by the World Service Business Conference. Vote- for 16; against 0</p>	<p>7. NA Delegate to take IG views/ votes to NA in Oct</p>
<p><u>Region 9 Assembly and Convention update (3:30pm)</u></p> <p>Event has been in the planning for 2 years, one more Committee meeting on Sept 15th, before it runs Sept 26th-30th</p> <p>Assembly has 40 reps and visitors registered to attend from Wed 26th - Fri 28th Sept. Countries represented include Iceland, the Netherlands, Israel, Greece, Germany, South Africa, Austria, Sweden Italy, France and Spain. Eight Intergroups within the UK will be also be sending a rep.</p> <p>The Convention has some spaces (46) left for the Friday night events but is fully booked (120 paid up registrants) for Saturday 29th and nearly at capacity (5 spaces left) for Sunday 30th. All bookings close on Sept 1st.</p> <p>Full programme of events including workshops run by the three groups from the South and East England IG area (Soho, Greenwich and Eltham) who came forward to offer this service for the Convention. Also utilising extensive experience, strength & hope brought by the Region 9 reps and we plan to offer OA literature for sale over the weekend.</p> <p>A vote of thanks was given to the committee for their work on this conference Break 3:40</p>	
<p><u>Changes to intergroup (3:55pm)</u></p> <p><u>Motion</u> “Move that we change the format of the Intergroup meeting to reduce the amount of time for business so we can include a recovery meeting or workshop with the business meeting only taking up the last hour of the meeting (last 2 hours of the AGM in November)”</p> <p>There was a discussion regarding this. It was felt that this is a business meeting and therefore need to keep it as such Others felt that including some fellowship would strengthen the meeting. There was a suggestion to have a ‘pre meeting lunch’ Need projects to move IG forward Reduce the amount of time perhaps to 30 minutes? An amendment to the motion was proposed and seconded to reduce the amount of time to 30 minutes and this be used for an interactive discussion regarding our groups Vote- for 4; against 12 A further amendment was proposed and seconded that the 30 minutes to be used as a time of fellowship For 12; against 6 Amended motion “Move that we change the format of the Intergroup Meeting to reduce the amount of time for business and include a 30 minute time of fellowship at the start with business taking up 1&1/2 hours of a regular meeting or 2&1/2 hours of the AGM in November” For 18; against 1</p>	<p>8. Exec Committee to Update Policy Manual and prepare Nov agenda accordingly</p>
<p>Agenda items continued:</p>	<p>Action Points</p>

<p>Service traditions and concepts workshop (4:30pm) Anne raised the idea that we run the above workshop it was originally suggested that it would take up to 30 minutes but after discussion this would not be possible. It was felt that this topic would need longer; there was a point raised regarding travelling for an extra date. It was decided that there is a possibility to open this up to all members of the fellowship. Anne said that she will investigate the possible delivery of this and will feedback to the group at the next meeting. Susie offered to help Anne with this Voted- for 18; against 0</p>	<p>9. Anne to investigate options for workshop delivery 10. Exec Com to put Susie and Anne in contact</p>
<p>AOB:</p>	
<p>• Endorsement of Pleshey Retreat (4:45pm) It was agreed that the intergroup would endorse this Vote- for 19; against 0</p> <p>• Funding of GSR travel expenses Query regarding this, it was agreed that individual groups should fund their reps not IG</p> <p>• Meeting closures (temporary) The temporary Telephone Officer who took calls during July and August stated that a new comer had complained that she had attempted to attend two different meetings but both were not running. Perhaps groups who are closed at any point during the year could inform members via the oa.org website? Please note that this needs to be done two weeks prior to the date that the meeting will not be taking place.</p> <p>• The importance of a Public Information Officer and Outreach Officer. A member raised the importance of these service roles. A. There was someone responsible for PI/PO & there is a 'job description' but IG standing committees have not been functioning in recent years in part because these service positions were not filled.</p>	<p>11. Chair to confirm endorsement with Pleshey organisers</p>
<p>Meeting closed: 5pm with the Serenity Prayer</p>	
<p>Next meeting: Saturday Nov 3rd 2018</p>	

Deadline for Officer reports: 13th Oct 2018 **Distribution of next agenda pack:** 20th Oct 2018

Glossary: Common abbreviations used in our documents

AOB	Any other business	OASEE	OA South and East England
GSR	General Service Representative (same as IR)	OASEE IG	OA South and East England Intergroup
IG	Intergroup	PI	Public Information
IR	Intergroup Representative (same as GSR)	PO	Professional Outreach
MP	Meeting Pack	R9	Region 9 (Europe, Africa & Middle East)
MS	Meeting Summary	TSW	Twelfth Step Within
NSB	National Service Board	WSO	World Service Office
NA	National Assembly	WSBC	World Service Business Conference
OAGB	OA Great Britain		

Useful website links

www.oasouthandeastengland.org.uk (Our IG website)

www.oagb.org.uk (Our national website)

www.oa.org (The WSO website)