



WSBC 2020: A Time of Celebration and Optimism for OA



Can you believe that OA has offered a solution to the problems of compulsive eating and compulsive food behaviors for nearly **sixty years**? **Amazing!** World Service Business Conference 2020 will be **cheering the occasion** with its recently announced theme "OA Celebrates 60 Years! Looking to the Future!"

The **First Conference e-Documents** are now posted on the [WSBC web page](#) and include [delegate registration materials](#), the trustee application [form](#) and [instructions](#), a [tentative schedule](#), and a [motion/amendment template](#) (DOCX file). The [hotel reservation link](#) is also open. Use group code "OEA" to get our special rate.

[Go to the WSBC web page.](#)

Apply to the Delegate Support Fund



Intergroups and service boards can apply for **delegate support funding** for World Service Business Conference 2020! Applications and complete paperwork **must be received by the region board for that delegate** by October 1, 2019, and next received by the World Service Office no later than November 1, 2019. These are firm deadlines.

It is critically important for the strength of OA worldwide that the voice of OA's entire community be heard at Conference. Decisions affecting OA for years to come are made each year at WSBC, and input is needed from all service bodies so that these decisions are truly representative of OA as a whole.

Download the [Delegate Support Fund application](#) from the [WSBC page](#) or from the [Documents page](#) under "World Service Business Conference: Frequently Used Documents" (click the "Delegate Support Fund Application" link).

[Download the Delegate Support fund application.](#)

Important Message for *Lifeline* and *OAlifeline.org* Subscribers



The window to [purchase a full-year subscription to *Lifeline* magazine](#) will be closing in the next few months. Ordering for **new print subscriptions** will close on December 17, 2019. After that date, only existing subscribers will be able to guarantee receipt of **every last issue of *Lifeline*** by purchasing a prorated extension of their subscription through the end of 2020.

Multi-year subscribers with issues remaining at the end of 2020 will be offered a prorated refund. **Lifetime subscriptions** will terminate with the end of *Lifeline's* print publication in November 2020.

Those who wish to [subscribe to *oalifeline.org*](#) may purchase or renew a full year subscription as late as December 31, 2019. The website will remain a source of experience, strength, and hope for subscribers **through the entirety of 2020** and will be removed from the internet in January 2021.

The World Service Office staff will replace *Lifeline* with a **new online platform** for members to share their stories. Look for upcoming announcements in the year ahead.

Are the New Definitions of Abstinence and Recovery in Your Meeting Format?



All suggested meeting formats that include OA's statement on abstinence and recovery **have been updated** to include OA's **new definitions of abstinence and recovery** as approved by delegates to World Service Business Conference 2019. You can download the revised formats at oa.org/documents under "Meeting Formats"

Give newcomers and other OA members the best understanding of **what it means to be abstinent** and what it means to be in recovery by downloading the new formats today.

[Go to the Documents page at oa.org.](https://oa.org/documents)

Important Dates and Deadlines

Find and submit information about local OA events to OA's [Event Calendar](#).

Fellowship Day

November 16–17

[International Day Experiencing Abstinence \(IDEA\)](#) Join OA members worldwide as we begin or affirm our abstinence from compulsive eating and compulsive food behaviors.

World Service

October 1

WSBC 2020 [Delegate Support Fund applications](#) due to region boards.

Translation Assistance Fund [applications](#) due to WSO.

November 1

WSBC 2020 [Delegate Support Fund applications](#) due to the World Service Office.

Lifeline Magazine

October 15

Unity Day Unity Day is Saturday, February 29, 2020, at 11:30 a.m. local time. How has unity with diversity, Tradition One, or a Unity Day event boosted your recovery?

Many Symptoms of Our Disease OA offers recovery from anorexia, bulimia, overexercising, and other problem behaviors beyond compulsive overeating. If you've identified with behaviors such as these or have switched from one form of the disease to another, what are the challenges and solutions you've found in OA? What has worked, what's been difficult, and where have you found support?

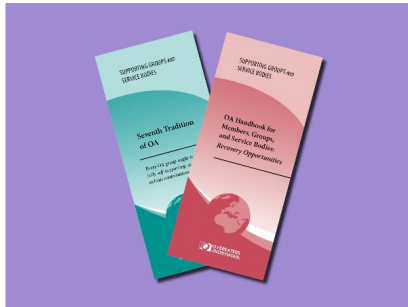
Facing Criticism in Recovery Members want to know: What helped you stay in the solution when you were judged for belonging to OA? Or for weighing and measuring your food? How have you handled criticism from other members for oversharing at a meeting, the way you gave service, or another issue?

Departments Send your contributions for Bits and Bites, Step Study (Step Two), Living Traditions (Tradition Two), The Spiritual Path, Service and Recovery, and Share It.

Send your story to info@oa.org with subject "Lifeline." Download our [Writers' Guidelines](#) for more information.

MORE OA NEWS

Download the *OA Handbook* and *Seventh Tradition Pamphlet*



New downloadable literature is available at bookstore.oa.org. Buy an **updated PDF copy** of the *OA Handbook for Members, Groups, and Service Bodies* (#120) for only one US dollar. You can also get the *Seventh Tradition of OA* in PDF format (#802dd) for \$0.

Questions and Answers Pamphlet Just US\$.30

INTRODUCING
OVEREATERS ANONYMOUS

Questions and

Answers

Questions and Answers (#170) provides answers to twenty-four of the most common questions a newcomer might have about OA, including basic questions about **recovery, Higher Power, Steps and Traditions, and OA's service structure**. The board recently reduced the price of this pamphlet from ~~US\$.85~~ to thirty cents, so [pick up a bundle](#) today!

Send WSO Mail to:

[World Service Office](#)

[PO Box 44727](#)

[Rio Rancho, NM 87174-4727](#)

[USA](#)

Apply for Translation Funds by October 1

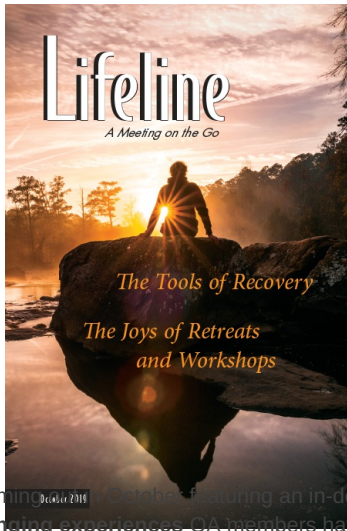


Money is available to translate OA literature. [Applications](#) for the next round of funding are **due October 1, 2019**. For more information about translating OA literature, visit the [Literature Translations page](#).

Literature translations are vital to establishing a program of recovery in areas where the primary language is not English. Carry the message to the still-suffering compulsive eater —[contribute](#) to the Translation Assistance Fund by selecting “Translation Fund” in the designation menu.

**Click Here to
Find a Meeting**

**Subscribe by September 19 to Get the October Issue of
*Lifeline***

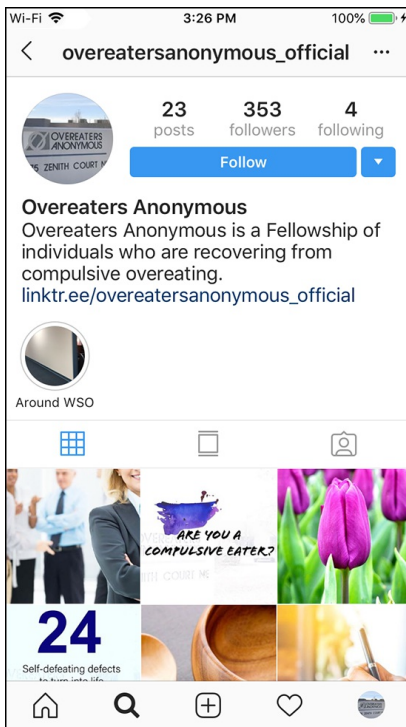


We have a **great issue** coming out in October 2018 featuring an in-depth look at the Tools of Recovery and the **life-changing experiences** OA members have at retreats, workshops, and other OA events. You don't want to miss this issue! To quote one writer on attending workshops: **"Stop thinking and just do it. Make the commitment because you're worth it!"**

We say, "Make the commitment and subscribe!" [Click here](#) and order by September 19 to treat yourself to our "Meeting on the Go."

[OA event info?](#)
Find details or submit your own to Event Calendar at oa.org.

Follow Our New Social Media Channel



Follow us at https://www.instagram.com/overeatersanonymous_official/ for inspiration, information, and to help carry the message!

Be a Young OA Podcaster



If you're 18 to 30 and interested in **giving service as a podcast speaker**, sharing your experience, strength, and hope through recovery in OA, fill out this [online questionnaire](#). Responses will be reviewed by the OA Young Persons' Committee, and committee members will contact you to follow up. The questionnaire will remain open until January 31, 2021.



Pass it On!

If you enjoy reading the WSO News Bulletin and know others who would as well, please forward this Bulletin and let them know they can subscribe on the [OA website](#) by clicking "News Bulletin Signup" at the bottom of any page.

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Our mailing address is:

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Rio Rancho, New Mexico 87174-4727

info@oa.org

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