

INTERGROUP MINUTES

Saturday 7th September 2019 (2-5pm)

The Boardroom, Lower Ground Floor, Chelsea & Westminster Hospital, Fulham Road, London SW10 9NH

IG Officers		
IG Officer role	Name	Email
Vice Chair	Linda	vicechair@oasouthandeastengland.org.uk
Treasurer	Anne	treasurer@oasouthandeastengland.org.uk
Web Officer	Ali	web@oasouthandeastengland.org.uk
Social Media	Charlotte	socialmedia@oasouthandeastengland.org.uk
Telephone Officer	Karen	telephone@oasouthandeastengland.org.uk
NSB Officer	Juliet	nsb@oasouthandeastengland.org.uk

Apologies (Officers only): Darren (Chair), Susie (Executive Secretary)

IG Reps/Visitors				
Meeting description	Name		Meeting description	Name
Soho Sunday	Grace		Queens Park Weds	Jo
Hampstead Heath Wed	Camilla		Southgate Mon	Kate
VISITOR (from Skype Sun)	Lizzie		VISITOR	Caroline
Clapham Mon	Rosemary		VISITOR (from Borehamwood Wed)	Nik
Theale	Vicci		Milton Keynes	Debbie
Greenwich (Sat)	Kate		Finchley Central Sat	Jacqueline

Agenda Item	Notes	Action points						
01	Meeting opened: 2.00pm by the Vice Chair, followed by the Serenity Prayer and a moment of silence for the still suffering compulsive eater							
02	<p>Readings</p> <table border="1"> <tr> <td>Preamble: Anne</td> <td>12 Traditions: Ali</td> <td>12 Concepts: Camilla</td> </tr> <tr> <td>Purpose of Intergroup: Vicky</td> <td>Healthy Intergroup Preamble: Kate</td> <td></td> </tr> </table>	Preamble: Anne	12 Traditions: Ali	12 Concepts: Camilla	Purpose of Intergroup: Vicky	Healthy Intergroup Preamble: Kate		
Preamble: Anne	12 Traditions: Ali	12 Concepts: Camilla						
Purpose of Intergroup: Vicky	Healthy Intergroup Preamble: Kate							

03	Fellowship sharing time: Linda moved to leave out fellowship sharing time for this meeting only in order to give more time to the Region 9 and National Assembly proposals. Anne seconded; motion passed.																																								
04	Introductions – led by Linda 7th Tradition: £42.81																																								
05	Quorum: 11 voting members required, 14 voting members in attendance (increased to 16 during the meeting)																																								
06	Minutes from July 2019 meeting – corrections and amendments																																								
	None																																								
07	Minutes from July 2019 meeting – matters arising																																								
	Previous actions:																																								
	<table border="1"> <tr> <td>Page 2</td> <td>Exec Sec to include a list of meetings with no IG rep in future agenda packs</td> <td>Done</td> </tr> <tr> <td>Page 2</td> <td>Exec Sec to contact the Brighton group to ask if they specifically wish to be part of OASEEIG.</td> <td>Unsure if done, carry forward (07a)</td> </tr> <tr> <td>Page 2</td> <td>Anne to complete handing over of the WSBC delegate email account to Linda</td> <td>Done</td> </tr> <tr> <td>Page 2</td> <td>Karen to bring more detailed proposal regarding a Chair List to a future IG meeting</td> <td>No longer required</td> </tr> <tr> <td>Page 2</td> <td>Chair/Exec Sec – to discuss how action points for officers not in attendance at IG can be communicated to them</td> <td>Done</td> </tr> <tr> <td>Page 2</td> <td>All Officers – to check email accounts and Dropbox and delete any personal information</td> <td>Done</td> </tr> <tr> <td>Page 4</td> <td>Charlotte to email log in details for Twitter account to Ali so they can be stored in the Dropbox</td> <td>Done</td> </tr> <tr> <td>Page 6</td> <td>Kate to contact committee with ideas for entertainment for OA 60th birthday celebrations</td> <td>Could not complete, carry forward (07b)</td> </tr> <tr> <td>Page 6</td> <td>Committee – to make note of request to record for OA 60th birthday workshops</td> <td>Done</td> </tr> <tr> <td>Page 7</td> <td>Exec Sec to send out vacancy information in weekly bulletin and add PI/PO officer election to September agenda</td> <td>Done</td> </tr> <tr> <td>Page 7</td> <td>Exec Sec and Treasurer to write job description for inclusion in agenda pack for September meeting</td> <td>Done</td> </tr> <tr> <td>Page 7</td> <td>Exec Sec to send out info pack to all July IG attendees</td> <td>Done</td> </tr> <tr> <td>Page 8</td> <td>Chair to draft bylaw amendment to allow virtual meetings to attend/participate in our IG for September meeting</td> <td>Done but not for discussion</td> </tr> </table>	Page 2	Exec Sec to include a list of meetings with no IG rep in future agenda packs	Done	Page 2	Exec Sec to contact the Brighton group to ask if they specifically wish to be part of OASEEIG.	Unsure if done, carry forward (07a)	Page 2	Anne to complete handing over of the WSBC delegate email account to Linda	Done	Page 2	Karen to bring more detailed proposal regarding a Chair List to a future IG meeting	No longer required	Page 2	Chair/Exec Sec – to discuss how action points for officers not in attendance at IG can be communicated to them	Done	Page 2	All Officers – to check email accounts and Dropbox and delete any personal information	Done	Page 4	Charlotte to email log in details for Twitter account to Ali so they can be stored in the Dropbox	Done	Page 6	Kate to contact committee with ideas for entertainment for OA 60 th birthday celebrations	Could not complete, carry forward (07b)	Page 6	Committee – to make note of request to record for OA 60 th birthday workshops	Done	Page 7	Exec Sec to send out vacancy information in weekly bulletin and add PI/PO officer election to September agenda	Done	Page 7	Exec Sec and Treasurer to write job description for inclusion in agenda pack for September meeting	Done	Page 7	Exec Sec to send out info pack to all July IG attendees	Done	Page 8	Chair to draft bylaw amendment to allow virtual meetings to attend/participate in our IG for September meeting	Done but not for discussion	<p>07a. Exec Sec to contact the Brighton group to ask if they specifically wish to be part of OASEEIG.</p> <p>07b. Kate to contact committee (using 60th birthday committee Chair email) with ideas for entertainment for OA 60th birthday celebrations</p> <p>07c. Chair to include discussion of bylaw amendment to allow virtual meetings to attend/participate in our IG in agenda of November meeting</p>
Page 2	Exec Sec to include a list of meetings with no IG rep in future agenda packs	Done																																							
Page 2	Exec Sec to contact the Brighton group to ask if they specifically wish to be part of OASEEIG.	Unsure if done, carry forward (07a)																																							
Page 2	Anne to complete handing over of the WSBC delegate email account to Linda	Done																																							
Page 2	Karen to bring more detailed proposal regarding a Chair List to a future IG meeting	No longer required																																							
Page 2	Chair/Exec Sec – to discuss how action points for officers not in attendance at IG can be communicated to them	Done																																							
Page 2	All Officers – to check email accounts and Dropbox and delete any personal information	Done																																							
Page 4	Charlotte to email log in details for Twitter account to Ali so they can be stored in the Dropbox	Done																																							
Page 6	Kate to contact committee with ideas for entertainment for OA 60 th birthday celebrations	Could not complete, carry forward (07b)																																							
Page 6	Committee – to make note of request to record for OA 60 th birthday workshops	Done																																							
Page 7	Exec Sec to send out vacancy information in weekly bulletin and add PI/PO officer election to September agenda	Done																																							
Page 7	Exec Sec and Treasurer to write job description for inclusion in agenda pack for September meeting	Done																																							
Page 7	Exec Sec to send out info pack to all July IG attendees	Done																																							
Page 8	Chair to draft bylaw amendment to allow virtual meetings to attend/participate in our IG for September meeting	Done but not for discussion																																							

		today, carry forward (07c)									
Page 8	<p>Chair - to add any AOB items which were not discussed today to the September agenda:</p> <ul style="list-style-type: none"> Support for the web officer in upgrading software 	Post meeting update: not a SEEIG agenda item, to be taken up by Executive Committee									
<p>Juliet moved to accept the minutes as an accurate record of the meeting, Charlotte seconded.</p> <p>Votes:</p> <table border="1"> <thead> <tr> <th>In favour</th> <th>Against</th> <th>Abstentions</th> <th>Outcome</th> </tr> </thead> <tbody> <tr> <td>10</td> <td>0</td> <td>4</td> <td>Motion approved</td> </tr> </tbody> </table>				In favour	Against	Abstentions	Outcome	10	0	4	Motion approved
In favour	Against	Abstentions	Outcome								
10	0	4	Motion approved								
08	Officers' reports: these appear in full in the meeting pack										
	Chair (absent from meeting)										
	Questions/comments: none										
	Vice Chair										
	Questions/comments:										
	<ul style="list-style-type: none"> Correction: 'September' should read 'July' (2 occurrences) Correction: 'November' should read 'September' 										
Treasurer											
Questions/comments: none											
Executive Secretary (absent from meeting)											
Questions/comments:											
<ul style="list-style-type: none"> Q: How was the group reporting information gathered? A: this was requested from meeting reps via email Discussion about how we defined the 'green', 'amber' and 'red' status as being based solely on number of attendees. See action 08a. Q: Why is the traffic lights system useful? A: So that fellows from nearby groups and Intergroup might be able to support groups that are struggling. 			08a. Exec Sec to clarify that the assessment of status should not be based on numbers, but should instead be based on a general assessment by the individual meeting/rep.								
Recording Secretary											
Position vacant so no report submitted											

<p>Telephone Officer</p> <p>Questions/comments: none</p>	
<p>Web Officer</p> <p>Questions/comments:</p> <ul style="list-style-type: none"> • Q: Are the 'new visitor' numbers included in the 'visitors'? A: These are stats gathered on the website. Another fellow shared her experience that these are generally included, so new visitors are a subset of the total number of visitors. • 	
<p>Social Media Officer</p> <p>Questions/comments:</p> <ul style="list-style-type: none"> • Q: What caused the massive spike in impressions on 25th July? A: The reason is unclear. The following searchable terms were used, but these have been used in other tweets: #food, #12step, #London, #AshleyGreen, #Kingston, #Borehamwood, #OASEEIG, #oa, #recovery. 	
<p>Newsletter Officer</p> <p>Position vacant so no report submitted</p>	
<p>National Service Board Rep</p> <ul style="list-style-type: none"> • Q: Are there any updates on applications for the NSB next year? A: There have been no new applications. Lisa (Treasurer) will step down, which will leave 3 board members. • Q: What are the implications of having only 3 board members? A: The NSB is a limited company which was formed in this way so that the literature service can be operated. There is a legal requirement to have a minimum of 3 members of the board, so if any of the remaining 3 board members have to step down, the NSB could not continue in its current form, and the literature service would have to close. • Q: If the literature service were to close down, how would fellows and groups order literature? A: The NSB, fellows and meetings would have to find alternative sources to purchase literature. • Q: If the literature service were to close down, would this leave a funding deficit for the NSB? A: No, the literature service breaks even, with costs being covered by sales, generating an occasional small surplus. The NSB does not rely on the surplus, and there are no further financial implications if the literature service were to close down. 	
<p>NA Delegate (absent from meeting)</p> <p>Questions/comments: none</p>	

	<p>Region 9 Delegate (absent from meeting)</p> <p>Questions/comments: none</p>	
09	<p>Job descriptions</p> <p>Public Information officer:</p> <p>The job description in the agenda pack did not have any detail about the specific responsibilities of the Public Information officer, so the meeting could not vote on whether the job description is suitable, and the position could not be offered out to be filled.</p> <p>Q: Can we use the job descriptions that were provided verbally at the July 2019 meeting? A: No, because they were not formally recorded.</p> <p>It was moved that the exec board should finalise the job descriptions using drafts prepared by Jacqueline.</p>	<p>09a. Juliet to send previous job descriptions for Public Information Officer and Professional Outreach Officer to Jacqueline.</p> <p>09b. Jacqueline to draft the job descriptions for Public Information Officer and Professional Outreach Officer, taking into account the previous one and send it to the Exec Board for approval.</p> <p>09c. Exec Committee to finalise the job descriptions for Public Information Officer and Professional Outreach Officer so the roles can be offered at the AGM in November.</p>
	<p>Professional Outreach officer:</p> <p>Same as for Public Information Officer</p>	
	<p>Newcomer Greeter (described by Anne):</p> <p>Q: The role description that was included in the agenda pack implied that the role is an Intergroup officer position which would mean they would have voting rights. There was a discussion about whether this role should actually be a service position instead, which would mean there are no qualification requirements. A: Although there wasn't a vote, the consensus in the room was that it should be a service position rather than an officer, and that it should be taken back to the Exec Committee for a decision (see action 09d).</p> <p>Q: Is General Responsibility no 1 on the role description really the responsibility of the Newcomer Greeter? A: This applies to all officers so if the role is an officer role, it would apply.</p> <p>Q: Is it a role that we can decide one meeting at a time? A: Possibly, although this would only work if it was a service position, not an officer position. As the role involves setting up the room, it could be a potential blocker if they had to carry all the meeting items with them. Anne said if this caused difficulties, she could continue to bring the items with her to the meetings, but couldn't</p>	<p>09d: Exec Committee to decide whether this role should be an officer (with voting rights and qualification requirements) or a service position, open to any Intergroup Rep.</p>

	<p>undertake the other parts of the role, e.g. greeting arrivals during the meeting due to her other meeting commitments.</p>									
10	<p>Region 9 motions – presented by Linda For each motion, the Region 9 overview was read, followed by a discussion and vote.</p>									
	<p>Motion 1: GCC Intergroup (which hosts WhatsApp meetings) asking for representation at the Region 9 Assembly including having a vote.</p> <p>Comments:</p> <ul style="list-style-type: none"> • Why is this included in the article which deals with non-voting membership instead of the article which deals with voting? • GCC Intergroup is already registered with the virtual region but these WhatsApp meetings were started as a Region 9 initiative which is why they want to come to the Region 9 Assembly. Is it ok for them to be represented at Region 9 as well? Does this mean they are getting multiple votes? • It was explained that any physical Intergroup automatically is registered with region 9 if it is on the same land mass, but virtual intergroups have a choice about which region they join. Virtual service bodies are a relatively new concept in OA and the implications are still being understood and worked through. <p>Votes:</p> <table border="1" data-bbox="319 1171 968 1238"> <thead> <tr> <th>In favour</th> <th>Against</th> <th>Abstentions</th> <th>Outcome</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>2</td> <td>8</td> <td>Inconclusive</td> </tr> </tbody> </table>	In favour	Against	Abstentions	Outcome	2	2	8	Inconclusive	
In favour	Against	Abstentions	Outcome							
2	2	8	Inconclusive							
	<p>Motions 2, 3 and 4: the 3 proposals on consent agenda (considered as non-controversial items by Region 9)</p> <p>Linda moved that we keep all 3 of the items on the consent agenda but that we discuss and provide comments so that the Region 9 representative knows our thoughts if the items do end up being discussed.</p> <p>Votes:</p> <table border="1" data-bbox="319 1529 778 1597"> <thead> <tr> <th>In favour</th> <th>Against</th> <th>Abstentions</th> </tr> </thead> <tbody> <tr> <td>5</td> <td>2</td> <td>8</td> </tr> </tbody> </table> <p>Motion 2: Replacing officers mid-term</p> <p>Comments:</p> <ul style="list-style-type: none"> • There is currently a really clear line of succession if board members need to be replaced. This line would be blurred if the motion was approved. • The intent of the motion is unclear; what's the problem that they are trying to fix? It doesn't seem necessary given that the chance of no one on the current board being able to chair is so slim. 	In favour	Against	Abstentions	5	2	8			
In favour	Against	Abstentions								
5	2	8								

- Q: What is the current process if the chair needs replacing but none of the other existing board members can take it on? A: Currently the secretary would have to be chair; there is no other provision.

Motion 3: Renaming General Officer to Communications Officer

- General officer seems to describe the role well, as it's not just communications. They also fill in for other members of the committee if needed.
- The job description is staying the same, and everything in the job description relates to communications.
- It would be a lot of work to amend the byelaws, policies and procedures.

Motion 4: Editorial change to add General officer into Byelaw article

- Due to a lack of time, there were no comments; comments are invited by email to our Region 9 representative: region9@oasouthandeastengland.org.uk

Motions 5 and 5a: Traditions workshop and study guide

Comments:

- It's a good idea and a good piece of literature but before it is published, it should be proof-read for typos and inconsistencies. **Debbie** offered her expertise as a proof-reader if required.

Votes:

In favour	Against	Abstentions	Outcome
13	0	2	Motion approved

Motions 6 and 6a: Instructions for virtual workshops

Comments: none

Votes:

In favour	Against	Abstentions	Outcome
10	0	6	Motion approved

Motion 7: Assembly virtual attendance – presented by **Linda**

Comments (these were continued during AOB:

- It's a good idea even though there may be security/anonymity issues. They have been allowing virtual participation (observation only) in region 8 for the last 8 years, and so have solved many of the problems. In 2018 they allowed virtual attendees to vote for the first time. This has been successful, in that it didn't hamper proceedings, and virtual participants felt as though they were a vital part of the regional assembly. There is an option for fellows to obscure their faces, so they don't appear on camera.

- Q: What's the timeline for Region 9? A: The proposal for Region 9 is to allow observation only participation in phase 1 (2020 Assembly) and voting in 2020 to decide whether virtual attendees can vote from 2021.
- Q: Is a tech host being proposed to deal with technical issues as these are common in virtual meetings? A: Yes, there is provision for this in the proposal.
- Some countries cannot afford to go, and the existing fund which supports these countries might be able to be repurposed for spending on equipment to enable virtual participants.
- Phase 2 – It might be too soon to have voting participants so quickly (2021) given that Region 8 took 8 years to do this.
- It is better to hire equipment than buying it.
- Being face-to-face is generally much more engaging.
- It would have a positive environmental impact if we could reduce travel across our region. This comment was supported by a number of members.

Votes:

In favour	Against	Abstentions	Outcome
15	0	1	Motion approved

11

OAGB motions for National Assembly – presented by Juliet

Motion A: Reducing the quorum from 25% to 15%. Juliet quoted a number of other service bodies (including our own Intergroup at approx. 13%) where the quorum is lower. The justification for this is that last year's assembly only just reached a quorate.

Comments

- Q: Have we ever failed to reach a quorum at National Assembly, and if so, what happened? A: Once, a long time ago and they just discussed items and carried the voting over to the following year.

Votes:

In favour	Against	Abstentions	Outcome
16	0	0	Motion approved

Motion B: Remove reference to 3rd legacy procedure (from AA) in our byelaws which is a method to select representatives.

Comments:

- The method is complex and is not in general use anyway. A fellow reported that their group attempted to use it because they thought it was recommended and found it lengthy and complicated.
- There is nothing to stop a group or service body using this method, but we don't actually recommend the use of it.
- It can be useful when there are multiple volunteers to be a representative and the meeting is struggling to choose between them.
- It has come from AA.

- Q: If we remove it from our byelaws, will it be replaced with another recommendation? A: No, every group can act autonomously and use their own method for choosing a representative.
- It proved useful in the past when they were over-subscribed with volunteers to serve on the NSB.
- Q: How would anyone know that it exists if we remove it from our byelaws? A: If it's still in the AA literature, this would be searchable by anyone.

Votes:

In favour	Against	Abstentions	Outcome
16	0	0	Motion approved

Motion C: Formation of the National Service Board of OAGB

Juliet explained that the intergroup who raised this were originally interested in preventing non-OA board members from voting on business items in NSB meetings.

Comments:

- It is extremely unlikely that we would ever have any non-OA board members anyway
- Q: How would we actually recruit a non-OA person anyway? A: Could be family members of OA fellows, could send out leaflets to recruit.
- We currently have no processes in place to handle non-OA people being on the board. It is expected to be a lot of work to implement them, and the current board does not have the capacity to investigate and implement the required changes. An example decision that would need to be taken is whether there are any qualification requirements for a non-OA member of the board, What if they are compulsive eaters who are not working the OA recovery program?
- For clarity, change the wording to actually say that the NSB will consist of 15 **OA** members.
- Given that we are struggling to recruit board members generally, why would we remove the option to have non-OA members?
- Non-OA fellows shouldn't be allowed to serve on the OA board.

Votes:

In favour	Against	Abstentions	Outcome
11	1	4	Motion approved

12

OA 60th Birthday Celebrations

Caroline recapped the contents of the report:

There is currently a committee of 7 people, and more members would be welcomed.

The first project is a workshop on Jan 18th or 19th with a theme of gratitude for recovery, with a suggested donation which would cover costs.

It will be held in central London, with other workshops planned elsewhere in the Intergroup area later in year.
It will also be used as an opportunity to engage other groups who don't attend intergroup. A draft email was included in the agenda pack.

Comments/feedback were invited on the committee report:

- Q: Will any feedback provided in this meeting be recorded? A: Not if it is specifically requested not to be recorded.
- Q: Some ideas that were discussed at the Intergroup meeting in July don't seem to have been taken into account in the proposals, particularly around entertainment. What has happened to them? A: There were 3 overall proposals and the one that was approved was to 4 separate general workshops, not working the steps or having a celebratory party of some sort. No further work has been done on any celebratory event because this would not come under the banner of the 4 workshops.
- It was confirmed that any group could run a celebratory activity and that if support is needed from Intergroup, this may be able to be provided on request.
- It was agreed that January is a good month to run a workshop as the post end of year holiday period can be a little quiet and flat.
- Q: How far afield will the other workshops be run? A: The committee is planning to run two further workshops outside of London and will be inviting groups to suggest suitable locations. The committee will prepare and run the workshop but would ask for assistance from groups to find a suitable venue.
- Q: How can we bring fellows together from across the country to host an event, harnessing the enthusiasm that has been shown? A: A national event would not be hosted or organised by intergroup as we want to focus on the SEEIG area. Any individual group can organise an event, although it is acknowledged that smaller groups would struggle to do this. The idea for holding a talent show would need to be brought to Intergroup as a proposal in its own right.
- Workshops should be designed to appeal to newcomers as well as existing members.

3 venues are being considered for the London workshop on 18th/19th January. The choice will depend on how many attendees we hope to attract. Past experience implies that we are unlikely to get more than 60 attendees:

1. Hinde Street, main hall, only available on Sat 18th. Costs £315 for a max of 100 people. Tea room is available for free. Shared kitchen which costs extra. We can ask for flasks of hot water to be provided. Works well for groups of 70-80.

	<p>2. Bloomsbury Baptist Church (used for the SEEIG ST&Cs workshop), only available on Sat 18th. Costs £345 for a max of 75 people.</p> <p>3. Dragon Hall Community Trust, Covent Garden available on Sat 28th and Sun 19th. Costs £455 for a max of 120 people which provides the main hall and a private kitchen.</p> <p>Caroline requested an informal poll on whether people preferred to have the workshop on the Saturday or Sunday; there was a strong preference for Saturday due to engineering works on the railways and the majority of people having work commitments on the following day.</p> <p>Caroline moved that we approve a budget of the highest venue cost (£455) so that the 60th birthday committee can assess each venue and choose the most appropriate one. Juliet seconded. 15 votes in favour, 0 against, 0 abstentions; motion approved.</p> <p>Draft email to groups/ reps: no comments</p>	
13	<p>AOB: Professional Outreach event news – presented by Jacqueline</p> <p>The sub-committee has been looking at options for trying to engage healthcare professionals with the OA program. They received a phone call from a GP explaining that healthcare professionals are unlikely to attend an outside event hosted by OA, partly because we cannot offer CPD credits to make the event attractive. Due to this, a decision has been taken not to host our own event(s), but to concentrate activities on speaking at existing events. This may be reconsidered in a few months in case demand changes. We cannot offer CPD points at our events so it's not as attractive as other organised events.</p> <p>We have been approached by an organisation which puts on events for healthcare professionals on behalf of organisations that aren't able to organise their own - we are considering this but will need to make sure it can be done in a way that respects the traditions.</p> <p>An article written by an OA member was published in the British Medical Journal of 24th-31st August. It can be read here: https://www.bmj.com/content/bmj/366/bmj.l4776.full.pdf This has prompted an enquiry from a doctor in Hertfordshire who trains other doctors. They have made a request to talk to trainee doctors at an event on 17th Oct. Jacqueline and John will be speaking at this event.</p> <p>Jacqueline reminded the meeting that anyone can get involved in outreach activities, and it is important to have a range of different speakers with different experiences, although Intergroup policy states that there are specific requirements for speaking at professional outreach events, including abstinence, working the steps, physical recovery etc.</p> <p>Q: A fellow shared about how she had shared her experience of OA to her own GP and that this is a potential for professional outreach. How should this be taken forward? A: Any fellow can talk to their own GP about their experience within OA. However, if they are speaking 'officially' on behalf on OA, the requirements</p>	13a. Anne, Juliet, Caroline and other officers to check if they have any Professional Outreach literature e.g. leaflets

	<p>would apply. When we have someone in the Professional Outreach role, we hope to be able to fulfil this type of request.</p> <p>Q: Is there any previous literature from previous PI/PO officer, e.g. leaflets aimed at healthcare professionals? Anne/Juliet/Caroline and any other officers will look to see if they have any literature of this type.</p>	
14	<p>AOB: Byelaw amendment proposal to allow virtual groups to register with SEEIG (this was in the agenda pack but not on the agenda itself)</p> <p>This item was discussed but not voted on, as this will be done at the November meeting.</p> <p>Comments:</p> <ul style="list-style-type: none"> • The rationale needs proof-reading as there are some minor errors. • What are the requirements for a virtual meeting to be affiliated to SEEIG when they are not land-based? Would it be only those groups that consider themselves to be aligned in some way to SEEIG, i.e. some connection? • What would prevent non-UK 'based' virtual meetings from affiliating to SEEIG? • The current Sunday Skype meeting was spawned out of a physical meeting in Kent which is in our area. • If we decline to allow a virtual meeting to register with us, e.g. the Sunday Skype evening, they would have to find some other intergroup to affiliate to, which might be difficult for them. 	
15	<p>AOB: STC workshop report (this was in the agenda pack but not on the agenda itself)</p> <ul style="list-style-type: none"> • The workshop made a loss but received lots of compliments about how it was run. • A fellow shared some great feedback from another fellow who attended; they were 'buzzing' afterwards. • The effort and commitment from the committee was recognised and praised. • Q: What was the £75 literature fund spent on? A: Members handbooks were originally purchased as quiz prizes but due to the small number of attendees, we gave one to everyone. We also purchased a large number of traditions pocket cards and have a number of leftover (approx. 70). These are available for purchase. • Learnings from the workshop are being fed into the R9 ST&C workshop committee which Anne and Karen are serving on. 	15a Exec Committee to decide what to do with the spare traditions pocket cards.
16	<p>AOB: Pleshey retreat asking for endorsement (this was raised during the meeting itself). Presented by Kate.</p>	

	<p>Kate moved that we endorse the annual Pleshey retreat in 2020 (March 20th-22nd). We have endorsed it for the last 20 years. The theme for 2020 is 'courage and integrity'. They are offering assisted places which doesn't affect the 7th tradition, and the retreat is financially self-supporting as they reserve a fund from the previous year to run it the following year. They offer ensuite rooms, they adhere to traditions and the venue is accommodating towards individual needs. Flyers are currently being produced.</p> <ul style="list-style-type: none"> Q: If we don't endorse it, what will happen? A: it won't be officially promoted as an OA event. <p>This was seconded by Kate.</p> <p>Votes:</p> <table border="1"> <thead> <tr> <th>In favour</th> <th>Against</th> <th>Abstentions</th> <th>Outcome</th> </tr> </thead> <tbody> <tr> <td>10</td> <td>0</td> <td>5</td> <td>Motion approved</td> </tr> </tbody> </table>	In favour	Against	Abstentions	Outcome	10	0	5	Motion approved	
In favour	Against	Abstentions	Outcome							
10	0	5	Motion approved							
17	Meeting closed: 5pm with the Serenity Prayer									
18	<p>Next meeting: Saturday 2nd November 2019, 1-5pm</p> <p>This is the AGM where officer positions are rotated.</p> <p>Deadline for Officer reports (and for submitting AOB items to the chair): 12th Oct 2019</p> <p>Distribution of next agenda pack: 19th Oct 2019</p>									

Glossary: Common abbreviations used in our documents

AOB	Any other business	OASEE	OA South and East England
GSR	General Service Representative (same as IR)	OASEE IG	OA South and East England Intergroup
IG	Intergroup	PI	Public Information
IR	Intergroup Representative (same as GSR)	PO	Professional Outreach
MP	Meeting Pack	R9	Region 9 (Europe, Africa & Middle East)
MS	Meeting Summary	TSW	Twelfth Step Within
NSB	National Service Board	WSO	World Service Office
NA	National Assembly	WSBC	World Service Business Conference
OAGB	OA Great Britain		

Useful website links

www.oasouthandeastengland.org.uk (Our IG website)

www.oagb.org.uk (Our national website)

www.oa.org (The WSO website)